

Personal Journal

1/1/2021 I wanted to open this up this morning. My breathing is labored this morning so I won't be writing much if anything at all. I got the results back on two tests that, both negative. Took another covid test yesterday if that comes back negative for everyone we might get off quarantine. I hope so I want to be able to go out and see some doctors. Old people in prison here in California, 65 and older in bad health are suppose to be on the list for shots just like the old people in nursing homes. Here they're going to give it to us with the guards or they're putting them on our list that way we've got a good chance of getting it. I keep hearing all kinds of bad shit about why not to take it. I don't know if it's going to help or not but lets say it might I ain't hear of it killing no one yet. It's suppose to rain some more today. It came down hard during the night everything looks to be soaked from my window. I had to put a blanket around my shoulder to keep the chill from the damn air out of my bone/joints.

1/3/2021 It was raining most of the day yesterday. I slept Sunday in got up around 10 had a bowl of oatmeal for breakfast worked on my autobio then did a little painting. We went outside about 12:30 walked around in the rain it was a soft rain - no wind, didn't really even get wet. I'm paying for it this morning.

Personal Journal

(2)

1/3/2021

my muscles are tight and sore can't hardly move. It will take me some getting use to and that is going to take a lot more days of walking. I'm back to working now after dinner now for an hour. just cleaning the tables but at least I'm out of the cell moving around.

1/6/2021

We came off quarantine yesterday - no new cases of the virus over the last 10 days. We did get some yard bottom tier in the morning top tier in the afternoon. It was a beautiful day but not that many people made it out the door. They called yard then opened the doors and started yelling - plus - they said bottom tier showers one or the other. They didn't open up the dayroom short staff. Not sure what the programs going to be today just rumors.

1/8/2021

Our building, 11 building got off quarantine in Friday the afternoon Wed. C yard is still on modified program. The yard itself is still one tier at a time, schools not running, not all the jobs are open - just the ones they need to operate the prison. I'm hoping they'll let us start going out to see the doctors. I want to get these issues I have taken care of. I have a lot of love ones with birthdays in January and want to wish them well. Sorene¹⁷, Mindy¹⁸, Tony⁸, Ted¹⁰, and Mama on the 10th Daddy's was in Jan. not sure of the day where ever

Personal Journal

(3)

1/8/2021 you are I hope you are together" I understand now how the two of you loved one another I have had my heart touched in that way. I love you my heart. I remember holding Teddy on the ride home from the hospital James driving Mama resting in the back I understand the tears in the dark I was 17 and didn't understand then I love you little brother. We have free phone calls again on the 23rd.

1/9/2021 We got memos from our Health Care Services last night. They anticipate we will receive our first shipment of vaccines allocation this month.. The initial focus will be on frontline workers and people of becoming infected or severely ill from Covid-19 (I believe that is me) "Who will get the vaccine first?" "Medical and correctional staff who work with patients are a priority to help stop the spread. Inmates with high Covid risk scores are also included." The sooner everyone here gets the vaccine the soon in-person visiting and other programs can start back up. Until next time everyone take care.

99c7

Love Note

My Dearest Love:

1/12/2021

This will be the year we put all our love from all our past years together. Surround and fill our hearts with it. Let it flow through our veins, protecting us from the cold and loneliness, our blood mixing together with the love we've learned to share. We will take this time together to repair all the streets we've build into our memories. Our footprints we leave on every sidewalk on every street. Remembering when a smile cover both our faces. A '55 Chevy passes and we start laughing at some memory that we had almost forgotten. That little one bedroom apartment next to the railroad tracks at 19th & K streets, the place on 17th & F still lingering somewhere in the back of our minds. All our memories intertwined as is our love and our past. There is nothing about us that we don't share in one way or another. Our present comes from our past and our future will come from our present. We are a part of one another always, our love we share always. I love you always.

I'll Love You Always
Forever & Ever
Your Steve