

# Exploring the Necessity of Hope

By Dirk Brickman  
Mule Creek State Prison

**W**E LIVE IN a world of thought. The mind is a projector, not a camera. Our mind projects our thoughts onto the consciousness, and our entire existence is a creation of the thoughts that dominate our mind. What's revelatory about this realization is: We're never more than a thought away from a whole new experience.

An awareness of this concept can turn adverse circumstances, such as imprisonment or living through a pandemic, into an opportunity for growth.

This knowledge is especially relative to an attitudinal belief system where we exist on a continuum fluctuating somewhere between hope and despair. Or, as Einstein declared in this paraphrased quote, The most profound decision a human being will ever make is the choice as to whether they live in a hostile or friendly universe.

Author Debbie Ford writes in *Courage*, "No one can teach us how to live; we have to learn it on our own in our own time. Even when we know what's right, what we do remains a choice."

As we learn and grow from experience, we develop better reasoning skills, and, hopefully make better choices. If we are building our life on a foundation that's principal-based, our choices are directed by these principles during the difficult times. Additionally, a belief in the intrinsic value of the better side of our natures — good over evil, optimism over defeatism, hope over despair — leads us to a more hopeful outcome.

A hope-filled attitude backed by clear reasoning and pure concentrated thought directed on a specific task or intention enhances the chances of a satisfactory outcome. Another potential benefit is that hopefulness tends to attract others of a similar ilk. It aligns more closely with higher frequency energies associated with positivity.

In *Power vs. Force*, Dr. David Hawkins explains,

All of life is energy vibrating at varying levels of intensity. Every thought possesses vibratory energy. The lower emotions of anger, hate, fear and despair calibrate on the low end of the vibratory spectrum. By attuning ourselves with the higher frequencies through positive thoughts, meditation, inspiration, we're aligning with forces that attract similar energies.

It's the law of attraction.

Dr. Wayne Dyer writes in *Power of Intention*, "The entire universe is based on energy and attraction, this means everything is vibrating at particular frequencies. When the frequency with which you are vibrating is in contradiction with the frequency of universal law, you create a resistance, thereby inhibiting the universal flow. Your thoughts can either emerge from a beingness that's in rapport with the laws of the universe or in contradiction."

If you desire harmony, kindness, patience, forgiveness, beauty, love, and believe in the possibility that life can live up to your expectations, a strong dose of hope is a necessity.

Every crisis is an opportunity to demonstrate Ability (or disability), you must agree. Consequently, realizing every Thought contributes toward the noosphere (the sphere of human consciousness and mental activity especially in regard to its influence on the biosphere and in relation to evolution), we can accept our responsibility as Creators within the actual cycle of action — and direct our Thoughts accordingly. Thought IS Boss.

Sadly though, there are far too many who don't understand current events ushering in a new era where diversity challenges community. It should not be a surprise that it's because that dichotomy that this new era is even possible. In this, the demagogues such as Q-anon and their ilk project traps in the guise of Mystery — and therein the gullible become entangled by considerations beyond their ability to handle the mystery of it all. Naturally, this non-sense creates sad effects.

Can't shake the sadness?  
Something CAN be  
done about it

No problem can withstand the  
power of real communication.  
I'm a Scientology® Volunteer Minister  
and I'm standing by to help.

"Whispers"



SCIENTOLOGY VOLUNTEER MINISTER



I'm able to help you develop a better understanding of situations, if you're able to communicate with me about them (here: between the bars, or by writing me directly: W. Goehler, #KT1832 PO Box 409040 BQ-244 Lone, CA 95640).

Tell me, in this new era where diversity trumps community... exactly what were your intentions when you made your decision TO BE interested in - whatever it is causing problems? How do YOU define freedom?

For the Love of Truth!

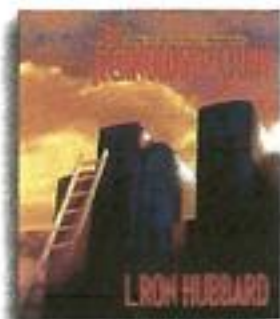
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Noblesse Oblige

The Volunteer Minister is a person who strictly on a volunteer basis helps out his fellow man by providing simple, basic spiritual counseling to people he meets to assist them in overcoming difficulties they may be having.



**Publications Available**



**The Technology of Study:** Consider this for a moment: in all your schooling, did anyone ever teach you *how* to study something? Learn the technology of how one studies in order to comprehend a subject so he can apply it.  (✓) P114



**How to Resolve Conflicts:** Trying to live in a society where the simplest of agreements cannot exist is all but impossible. Discover practical technology with the power to restore peace to a friend or a country.  (✓) P118



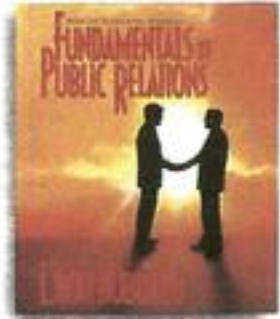
**Basics of Organizing:** Whether managing your personal life or a large-scale business, knowing the basics of organizing is your key to success. Find fundamentals to lessen the confusion and squelch distractions.  (✓) P128



**Solutions for a Dangerous Environment:** Tired of taking your daily dose of murder, earthquakes, floods and famine? Arm yourself with the techniques to look outward without fear and ease the anxiety and stress.  (✓) P122



**Targets and Goals:** All of us have goals we have set be it a lifelong dream or a short-term objective. The technology exists to meet the targets and goals you envision, in easy, doable steps.  (✓) P129



**Fundamentals of Public Relations:** In order to gain agreement, there must be a method to properly communicate your project or idea to others to gain acceptance and support. These answers and more are available here.  (✓) P131



**Communication:** It determines success in relationships, success in business and the attainment of goals. Learn every component part of communication and precisely how to use them with ease.  (✓) P130



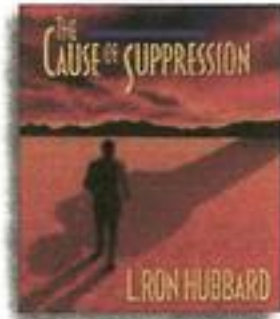
**Marriage:** Advice on "problem relationships" seldom results in a change. Instead of empty promises, get proven answers and real solutions that can be applied to *any* relationship.  (✓) P115



**Ethics and the Conditions:** While ethics has remained a confused subject to the world at large, there is hope, with the straightforward, workable principles and precise formulas in this booklet.  (✓) P119



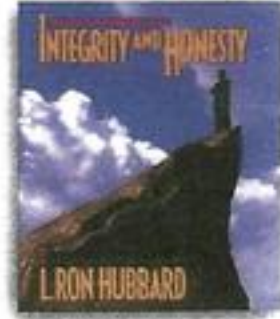
**Answers to Drugs:** Whether street drugs or prescription, they wreak havoc: violence, broken homes, crime, failed educations and personal devastation. Here is an effective technology that can get a person off drugs.  (✓) P121



**The Cause of Suppression:** Find out why some live their lives on an emotional roller coaster—fine one minute, depressed the next. Free yourself from the grip of suppression and open the door to a calmer, more stable life.  (✓) P123



**Tools for the Workplace:** The confusions, concerns and anxiety of the workplace can be solved with practical tools. From handling exhaustion to ridding an area of confusion, the powerful basics in this booklet can bring fulfillment and efficiency to your job.  (✓) P124



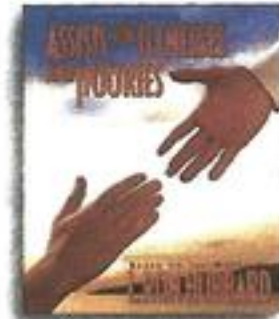
**Integrity and Honesty:** Most of us have suffered the consequences of a co-worker or partner inexplicably leaving, but here is a new view on an old problem. Arm yourself with the tools to restore good relations.  (✓) P132



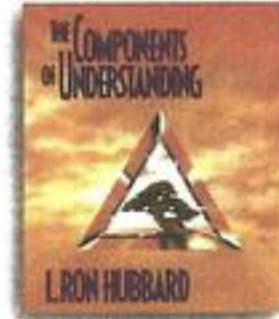
**"Something Can Be Done About It":** Free with any Scientology Handbook booklet purchase. Inspect Scientology principles for yourself and learn why this unique, new religion has fast become a worldwide movement, helping millions to lead happier, more successful lives.  (✓) P133



**Children:** Sound principles form the basis of agreement between family members and are vital. Learn the technology of raising a child who is willing to contribute, happy and secure.  (✓) P116



**Assists for Illnesses and Injuries:** In day-to-day living, a person is subjected to accidents, injuries and illnesses. Scientology Assists ease trauma and bring relief. Broadly used by millions around the world, the assists in this book are invaluable.  (✓) P120



**The Components of Understanding:** How should I talk to people? How can I find what people are thinking about? How can I handle my work better? Find the answers in this booklet.  (✓) P117



**The Emotional Tone Scale:** How to find out who you can trust, who you can't. Who will be a good friend, and who won't. In short, who you can depend on. An invaluable tool for use in the workplace and in life.  (✓) P127



**Investigations:** Why guess about the cause of a non-optimum situation when you can find it? A declining or successful project alike should be assessed to isolate the reasons why.  (✓) P125



**The Dynamics of Existence:** For millennia, Man has attempted to assess his place in this material world. Mr. Hubbard made the discovery of a unifying principle that applied to all life, a common denominator by which all life might be understood.  (✓) P126

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