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It

It can get pretty rough at times!

I wish to apologize for that "rant" I went on in my last post. There really is no excuse for such behavior, and I do want wish to excuse away that rant. I have been, at best, spending 46½ hours out of every 48 locked in cage that measures 6ft by 10 ft. I went a bit crazy and I guess I now know first hand what the expression "he had a breakdown" means.

This is what feels like the most advantageous time of personal growth I have ever known. With that growth I am loosing some relationships, altering others and discovering brand-new ones. I really do not have much I wish to say, other than I am praying for you all out there. I also want to say, if someone close to you seems to be cracking up a bit, they probably are! Please be kind to them. This is not just the time of covid, it is a time of change, inside and out. With change comes confusion and growing pains. Please let people be what they need to be right now. Love and compassion are righteous ...fertilizer for the torn up soil of our lives and are sure to bring forth wonderful fruit. In the same way anger and lack of compassion can only bring forth really terrible fruit. We, Praise God!, are given a wonderful opportunity right now to sort of replant this world of ours. Let us sow love, faith and hope. Amen

God bless and keep us all , forever in His love. Amen.

A handwritten signature in cursive script, appearing to read "Russ", is written in dark ink.