

## Personal Journal

3/13/2021

It has been a busy week this week starting with my trip to Handford for skin cancer removal Monday 12 hours cuffed up mostly riding in the back of the van. Don't get me wrong I love the sight seeing and old town Handford about 12 blocks of it had me reminiscing about down town Sacramento in the 50<sup>th</sup> and early 60's before the freeway took out the lower west end and tore down the old building between 4<sup>th</sup> & 7<sup>th</sup> and Sacramento bowl. My grandpa use to take me there to play pool and drink when I was between 8 and 12 years old before they put him in the old ~~place~~ folks home. The guards also stoped in a place called Gunstine a few miles off the freeway somewhere between 5 & 99 'i' another beautiful old town people want to keep. The nurse I had that was taking so good care of me <sup>he</sup> has been move to another <sup>yard</sup> ~~guard~~ so here it is 6 days later and I can't get anyone in medical to change my dressing; I got about 20 stitches; I was able to gether up enough dressing & bandade from what I had and other inmates to clean and change it myself I have learned how to do that have these people heard anything about infections 'i'. I'm having trouble with my writing for awhile now my spelling putting them down the way I see them. We're starting to get outside for more yard now that everyone here has gotten there shots for



## Personal Journal

2

the Covid. I heard that we're support to be going out with 13 building today - I hope so I've got some friends over there I haven't seen in almost a year now. I got some messenger last night on the blog. It was dated March 10<sup>th</sup> less than two week for me to get it not bad for this place. They put these excerpts in there with each message. There was one in there from a Song Note in January of 2020 about that beautiful smile of the woman I love another from this January about the shadows flickering across the walls. Thank everyone for giving of your time and caring about others: amosed; bushes; sophdapt; mulrooney! I enjoy all of your comments.

3/15/2021

Monday morning - I'm having trouble with my breathing, not getting enough oxygen, I have to walk very slow; bending over to clean the floor or pick something up that's the worse. My celly said he would clean it - it's a small cell - but I'm just going to come along behind him and go over it ☺ can't help myself. The time change was yesterday, so I got up late about 10 minutes to 5, at 5 the dayroom lights came on. My watch said 5 but the t.v. news clock said 6. I don't remember anyone telling me about the time changing over the week anyway I got up on time today, I'm still tired it's going to take a week or so for me to get use to the new time. Got the Newsletter



## Personal Journal

3

the Life Support Alliance. They have a big piece in there about the courts ruling that prisoners can receive Economic Impact Payments, EIP, how to file and all that. I've already got the first 1200<sup>00</sup> check. I got the second one to but they sent it back because it was a debit card - they told the bank to reissue us a check - they're making sure we have 1040's and helping people fill them out. Did everyone file their (that's the big question here) and the canteen has been sold out for the last three months. The new electronic tablets are expected to be in most prison in Ca by the end of the year - free of charge via a contract between COC & AT&T. These will primarily be use for educational purposes, classes - groups, limited emails capabilities, medical request for appointments - able to be load with some entertainment content, some charge - some not. No in-person visiting for awhile yet Video visits (I still waiting)

3/17/21

~~Theresa~~ Theresa had her birthday this week. Happy Birthday Baby. I'm going to close and send this off today. Everyone be good, this Covid thing has all but past, thank everyone who has taken time to leave a message. It's always nice to feel the love. I'm going to try to call whenever I can get on the phone. I'll call a lot more when I know the calls are have already change to 37¢.