## SCIENTOLOGY PRISON OUTREACH Volunteer Minister

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## SOMETHING CAN BE DONE ABOUT IT!

After studying Solutions for a Dangerous Environment. Im thinking it appropriate to post the following text titled: THE CAUSE OF SUPPRESSION.

This text - when studied with the companion Course Checksheet posted earlier - helps identify the differences between the Anticocial Personality and the Social Personality, thus explaining why the former tends to adversely Effect the latter. Having identified the CAUSE of that phenomena, this rehabilitative lesson addresses solutions for handling that problem.

Believe you me! With my quixotic history, I was most certainly a Potential trouble Source with the slightest provocation. Now though, I have a profound understanding of trouble making Suppressives and I'm able to rise above becoming the Effect of them (for long !!). Knowledge is Power, indeed!

It is my hope that following CAUSE OF Suppression text-along with the corresponding Course Cheeksheet - will help provide a greater understanding of and freedom from Trouble Makers. Feel free to print out this material and mail it into prisoners.

Torthe Love of Truth.

SPO-VM

Universal Life Church



## Cause of Suppression

The remarriage of her father spelled misfortune for a young girl, as she could not get along with her new stepmother. As the years went by, this deteriorated to the point where the girl felt there was no hope for their relationship; she left home at the age of eighteen after a vicious fight with her stepmother. This was upsetting to the rest of the family as the girl and her father had been very close. Some time later she learned about Mr. Hubbard's discoveries on suppressive persons and, using this technology, handled the situation.

"My stepmother had been an alcoholic and had been under treatment by psychologists and psychiatrists for years, trying to handle this condition. Their `handling' was to give her drugs and tell her what to think and do in life. As a result, her outlook on life had been bleak and very negative. I finally discovered the technology about suppressive persons. I found out who had been suppressing my stepmother and I learned how to help her. Today she doesn't go to psychiatrists anymore, doesn't drink at all, is completely cheerful—we get along great! After all these years, I am extremely proud that we have a happy family!



Having spent years trying to handle a physical problem, a legal secretary was finally rescued by a friend who advised him to study Mr. Hubbard's data regarding illness and suppression.

"Boy, what a relief! I have literally spent thousands of dollars trying to figure out what was going on with my kidney. Well, I now know what kind of effect a person can have on his body when he's in an environment that's holding him down or if he is connected to a person who's constantly telling him how he's not worth much to himself or others. By finding out about this technology I was able to really open my eyes to the fact that I've been living with someone who's been the ruin of my life for years. I was not able to see this before because I was right in the middle of a tornado, you could say, and had become part of that confusion. It's such a relief to no longer feel like I'm on a roller coaster, feeling happy one moment and completely desperate the next. And don't think that you can get bored feeling 'up' most of the time—believe me, it is much more fun than riding a roller coaster that's totally out of control