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" UPDATE DAY 11 OF THE HUNGER STRIKE"
OVER FIRST AMENDMENT RETALIATION

Well today is Wednesday October 13,2021 day 11 of this hunger strike. I seen the nurse this morning for my vitals. My weight was 210 pounds. So I lost 4 pounds since yesterday. 28 pounds in 11 days. My bp 112/64 pulse 84, bs 77 so that's pretty good. I know a lot of people want me to quit this. But I've set it in my mind to do 30 days or accomplish my goal of having Secretary Inch view that grievance. If he does he will see several things. One Mr Minta shouldn't have responded to a grievance that was against him. Secondly there's no evidence to support this DR and Mr Minta failed to apply the law. And the other thing he will see is no one has ever had their visit's suspended for a minor DR under 33-601.731.(16) .All of which shows that this was retaliation over what I had been writing. Yes this is not an easy task. But I'm going to push on to the 30 days. Maybe by then we will have enough people looking at this. Because one things for sure, we have a beautiful grievance system on paper. But when it comes down to using it, well its pure garbage! And we inmates need a voice and away to resolve problems in side this human cesspool! And I'm fighting for all of this! Take care and God bless you all.

In peace and love Ronnie

Ronald W. Clark Jr. #812974

October 13,2021