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UPDATE DAY 15 OF HUNGER STRIKE

My weight is still at 208 still 30 pound weight loss, bp was 116/76 standing with a heart rate of 101, bs 79. So everything is still good. I'm at the halfway point of my goal of 30 days. That's not to say I'm going to stop in 30 days. I'll just see how I feel at that point. But if they fixed this tomorrow and it ended I'd be glad to see this over with. Believe me this isn't fun. I like seeing how far I can push myself. But this isn't fun at all! I just don't know what its going to take to get them to look at this grievance. See that it was handled improperly and fix it. I know they will never acknowledge that this was retaliation. They never do that. Just got to keep pushing forward. One day at a time. God bless you all.

In Peace and love Ronnie

Ronald W. Clark Jr. #812974

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