

TESTIMONIALS & SUCCESSES

THE COMPONENTS OF UNDERSTANDING

"The booklet on "The Components of Understanding, gave me a tool to be able to communicate to people, to be able to get closer to people and have a better understanding. I have had problems with that throughout my life and the tools I learned really helped me.

"I am now able to communicate with people. I don't know how to describe that, because it was never there before. I never knew how to do that. I had friends that could just go up to anybody and carry on a conversation while I'd be the quiet guy in the corner. Now I no longer have a problem going up to complete strangers and talking to them. That's a really big win I had."



The zing had gone out of the marriage of a couple with five children. A friend of theirs listened to the wife complaining that they no longer had anything in common and were drifting apart. She decided to do something to help both the children and the couple.

"To do something about this, I told my friend about the ARC triangle, and went over all the parts of it with her. She realized that she and her husband were not in communication and had no common reality anymore. She was involved with raising her children, while he was involved with work. It was quite different from when they courted as teenagers.

"So we worked out a solution. They went out, just the two of them. She used the tools of "The Components of Understanding" to get in communication with her husband about points of common reality, which started with a movie that they had seen together. From that point, they got into further communication with one another and the marriage improved and continued to improve. It was really great to be able to use such a basic and simple tool to keep a family with five children together."

ARC is such a simple description of our very essence. The very essence of Life! I truly hope these booklets help develope those Components of Understanding.

Please feel free to print-out this public Domain material to mail into prisoners - along with the companion course checksheet I posted earlier.

Your comments and theirs - are welcome here.

For the Love of Truth. W. G. SPO-VM Universal Life Church