Most of our strongly held be(LIE)s have no bases in reality or truth. They are hand-me-downs, the product of traditions, conditioning and primitive superstitutions. But, first let us examine and admit what we need all of these be(LIE)fs. We promote, perpetuate and advocate be(LIE)fs simply because of our insecurities and our lack of truth. We are afraid and we live in fear of the unknown and even moreso of the unknowable and so much of life is unknown and seemingly unknowable.

Let us delve into the grievous harm of impediment that our beliefs have cost us all down the ages. Right versus wrong or competing truths are seldom if ever the cause of our painful experiences. Most beliefs can easily be traced to someone's else beliefs as to how things should or should not be and seldom if ever our own genuinely experience? The very definition of the word belief - belies and indicates you do not know, so you believe.

Slavery, wars, genocide and the holocaust were all started and justified by a be(LIE)f. No sane person could have ever independently justified 250 years of black slavery, mass murder, rape, torture, genocide, the Black Holocaust and all the other grievous and heinous crimes of atrocities committed against Black ameri-Kans and humanity Yet, all of these an innumerably more were committed and continue to be committed based on someone's rationalization of their be(LIE)fs. No truth or fact could have ever been explained in justification of the crimes committed against humanity all down the ages. While some belies may eventually prove to be true, even admirable; but most are simply just LIES - pretenses, a cunning manipulation of some existing facts or truth as a means of controlling others.

The past is and always will be unknowable in its entirety. Even science in respect to the distant past is at loss as to the who, how and why; ancient history is an abiding mystery. Even the best scientific theory is simply just that a theory.

Bear in mind, I did not say belief, I am speaking of truth. We have proffered and perpetuated our beliefs for so long we now speak of them as if they are now truths - as if strongly held beliefs re-

peated enough times it grows and take on a historical ring of truth. We know from studies that if you tell a complete lie innumerable times to enough people and often enough it will take on an authoritative appearance of truth. Auto-hypnosis has it place, but remember it is still a belief and not a fact.

A rock is a rock even if it is grinded into sand - simply its form has changed. A belief no matter how universally recognized historical, heart-felt admirable, pleasing or beneficial, it is still a belief and not your truth. By its very nature a belief can never be truth. A belief is usually premised on the un-repeatable, un-duplicable unknown or unknowable and never a fact - if that were not so it would never have been called a beLIE) - the second a Fact enters the equation, the situation becomes knowable and the concept of belief becomes obsolete and inapplicable.

Imagine someone you love and trusted the most were to tell you this or that occurred before your birth; or unbeknowst to you. More likely than not you'd naturally declare it to be the truth, live and swear by it. Even more egregious that that you'd pass on this tale to others as if you had known this tale to be true. Even becoming belligent if someone were to challenge the veracity of this tale.

Again imagine for me if I were to tell you that within my hands is the ultimate and final Book of Truths. This Book contains all truths of truths. It answers and responds to every question imaginable that you may have about the nature and orgin of life, the how, who and why. In any event how many of you would want to possess and read this Book of Books, the "The Final Truth"? Must of you would not even respond, because you already believe that you have the final book of knowledge within your own religious teachings, doctrines or faith.

what I am pointing out is what we have had to endure each and every day in this world of ideological warfare and so it has been since day one. We have all been victimized our intelligents is daily being bombarded and assaulted with someone's beliefs about truth. There are endless number of of those who declare Follow me, no, over here, follow me, I have discovered, I have found..., I have discerned truth. Another's truth can never become your truth, unless and until it becomes the truth of your experiences; another's truth

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is hearsay; two individuals even witnessing the same events experiences will be different.

We are constantly being pandered, hectored and intrigued with those who want "us" to accept and adopt their politics, religions, dogmas and concepts as to how we should or should not live; how to think, feel, love and even die.

It is puerile and rape of the intelligents for another to attempt to tell you how to live your life by their beliefs; despict its impossibilities. The ancient most definition of truth is: Whatever works. Logic dictates that if you cannot realistically tell me how to live then you have no right to tell me how to die. If your beliefs do not work for me than it is not my truth and of no further interest or use to me.

If you really want to be readily accepted by others join their groups, organizations or simply accept their belief system. There are realistically no neutrals in our world of ideological camps and warfare - for you to be an individual you must resist simply to exist; and thus you are for or against something or someone. The world is hopelessly divided into ideological camps of every persuasion.

The jaded cliche: He who is not for me is against me, rings ever so true. Again, imagine you and I were dropped, abandoned, hopelessly lost in the middle of the desert and neither you nor I knew the way out and I burst out with "follow me!". That is ecactly what occurs in our world each and every day. The blind anor ignorant demanding to be followed - when we are all equally lost in this world of eternal struggle with absolute "paraty". There is only one fundamental axiom and that is "we don't know"; that being the total sum of man knowledge about the unknown and unknowable and; that is why we lie so much.

Those who claim they know the who, how and why are either liars or confused and delusional. If that were not so than why are these they still amongst us the human-herd, suffering and dying enduring as you and I are. That fact in and of itself speaks volumns as to their so-called knowledge of the unknown and possibly unknowable. We are equal with parity of our lack of understanding of the unknowable; existence doesn't discriminate nor favors you above me; our ignorance

Many with genuine raw enthusiam would suggest to you that you read this or that book. You need reply that you want to know what he has uncovered - and if their understanding is only that of referral, it too may be a complete pointless waste for you. We need make an end of this dreamlike spouting of the so-called truth of the dead. Beside being lazy, it is criminal to religiously promote in a advocation of the so-called age-old wisdom of the dead; it is gross ignorance of the first-order.

This is not to say you shouldn't trust the purported truth of another. But, trust it only as a guide until it becomes the truth of your experience. supposing I told you-you were wrong about what you have said, you and most others would near intantly challenge my declaration with "How do you know?" Yet, most and many will not question the continued logic, wisdom or relevants of age-old ancient dogmas and traditions. This laziness is unacceptable and devoid of intelligents. Very simply I am advocating Intellectual self-defense. If we would cease and desist passing on the gossip and be(LIE)fs of others, our emotional and spiritual growth would evolve much further than it has thusfar.

We are being held back in our psychological-growth because of the baggage of our superstitutious be(LIE)s, fsilrd ideologies, obsolute traditions and puerile fears. Very simply we need drop our belief system, either know or don't know; concede and accept the unknown may very well always be the unknowable - at least to you.

END THE "BLACK AMERICAN HOLOCAUST"

"WE" demand an immediate and unconditional end to this unconstitutional centuries old, uncivilized, unprovoked, shameful barbaric insidious, murderous WAR against the Black Man. We demand and end to this vite, senseless savagery and sacrifice of precious human life. BLACK LIVES DO MATTER. We demand an end to this "Domestic War Crimes". Since this stolen Land inception; this Proud, Noble, Honorable, Courageous Black Americans; even while being himself held in savage white slavers; the Black Man Nobly fought and died in every war since the Revolutionary War to defend, Protect the Rights and Privileges of white Americans; to his detriment and extreme disadvantaged - empowering enabling whites to further oppressed, repressed, Murder, Kill, Rape, Rob and Steal the labor-wealth, resources, property, Pride and Dignity of the defeated.

The Black America, the Wind and Salt of the Earth; the Creme DE La Creme, the Loyalist of the Loyalist of all Americans who has never Betrayed or declared War on America. The Red Man did because he had to; the Brown Man(Mexican War) did; the White Man did(Civil War); the Yellow Man did World War II The beautiful Black Man did not, when he had every justifiable reason to do so. Even after all the Black Man has sacrificed and had to endure, solely at the hands of his fellow Americans, the White Man he still remains Loyal to America: UNITED BLACK AMERICA(U. B. A.).

Even in the 21st century, the Black Man is still the object of ridicule, contempt and disrespect; the absolute most hated, most Demonetized, despised, watched, criminalized, persecuted, brutalized, murdered, killed, and tortured and enslaved without legal or moral justification; disproportionately than any other.

Again, since this stolen Land inception, over four hundred years ago; there have been umpteen, innumerable named and unnamed wars of atrocities of genocide wrongfully committed against the Glorious, Noble Black Man. AKA, the 'BLACK HOLOCAUST". The worst of the worst of the worst the world has ever known...



"WE" demand an immediate and unconditional end to this centuries old, unprovoked, shameful, barbaric, insidious murderous war on Black Americans. We demand an end to this vile savagery of "DOMESTIC WAR CRIMES"". Since this stolen Land inception; the Proud, Noble, Honorable, Courageous Black Man; even while being held as a slave himself by slavers, White Americans; the Black Man fought en every war since the Revolutionary War to protect the Rights and Privileges of whites; to his disadvantage - enabling whites to further oppress, repress, rape, rob and steal the labor-wealth, resources and property of the enslaved Black Man.

While the pure blood of the great Black Man bleed ed to help enrich the White The Black Man received naught. Even after all his Noble and Courageous Loyalty, his fellow countryman hated him still; the truest of true Americans. The Black Man after centuries is still the "TARGET" of selective enforcement/prosecution/persecution utilizing race bias laws to wrongfully convict of crimes; to bring back Black Slavery; of excessive, unequal, unfair, Draconian sentences disproportionate in sentencing treatment between Black and White; similarly situated offenders. 1). Two white females sentenced to 65-years sentenced on 6-9-83, granted their Final Release of MANUMISSION PAPERS some 3, 3 1/2 years thereafter on 1987. 2). One Black Man sentenced to 65-years sentence on 6-9-83; currently as of this date still enduring slavery; having endured 14-years; 4-times as long as his two white co defendants. We demand an End to this mass re-enslavement, euphemistically termed Mass Incarceration. We demand and End to this wholesale killing of unarmed Black Men with absolute immunity and impunity. From colonization to Slavery, Defacto Slavery, Jim Crow of limited Access and Opportunity. Albeit, suffering food and decent housing deprivation. The wealth and technological advancements belong to ALL Americans. Therefore, "We" demand an end to institutionalized, systematic Discrimination of oppression in every aspect of society; grievous harms has been achieved for centuries that must be STOPPED and Revise at all costa and by any means necessary. To finally after four hundred years to undo the undo able and repair the inestimable, irreparable damage and destruction heaped upon the Black Man, heaped upon United Black America(U. B. A.)

We constitutionally DEMAND the mass investment in the education of Blacks, Health and Safety of Black people as is guaranteed to non-Black

Americans as a "LIBERTY INTEREST". Instead of the inhumane,
GRUESOME, despicable criminalization, murdering and harm being committed
against Black Americans. We demand major investments in Black
Communities as is spent in "Other" Communities; in the creation of JOBS,
Decent Housing, upgrading, improvements in the order and safety of Black
neighborhoods; and the divestment of all exploitive forces(E. G., KILLER
COPS< CRIMINAL ELEMENTS< PRISONS AND JAILS FOR PROFIT, TO
PROVIDE FREE MONEY FOR DO NOTHING JOBS AT THE STUPID
TAXPAYERS' EXPENSE, AKA SLAVE DOLLAR\$\$\$\$\$\$ Black Gold.
Parasitic living off of the death, misery and dying of the Noble, Proud,
Loyal African American Black Man.

WE DEMAND AND END TO THE 'BLACK HOLOCAUST' IN AMERICA

Our live are the epitomy of contradiction. In every aspect from birth to death, pain and pleasure, good vs evil, happiness/sadness; yet we are constantly choosing/demanding reconcilation of the unreconcilable. From conception to birth, we are moving towards death the end of life as we know it. When an individual speaks in a contradictory manner we are quick to point them out with such glee. While we ignore and discount all other reconcilable statements and/or they seem to go unnoticed and discounted. The reason for this is simple, the mind is logical and truth spoken in its entirety is multi-dimensional, multi-facet and can only be spoken in a contradictive manner. Truth is vertical in the here/now and the mind thinks horizonal in terms of being grounded in the past relating/touching the present stretching into the future. That is why any revolutionary concept, not ideologically linked to the past and consist with our projected future we suspect and usually reject in the present. The tradictiti-Ticklonalmind simply cannot envision leaps in knowledge; nor the fact that an individual can have strong contradictive viewpoints and feelings about the same subject, yet still be truthfully speaking about the sam? factual situation.

No matter what you be (LIE) ve some aspects of your be(LIE) fs system may doubt, question and be against it. Surely, at one time or another you have felt and intense revolution and contempt for the same exact you have priviously professed to love, these types of antimoniee merely complement one another.

In essence and in this particular instance this is the ingredients of what love truly is a mixture of attraction and repulsion. If a person describes another as beautiful and then subsequently criticize describing; critically describing that same person as "ugly"; both seemingly contradictory statement could ring of parellel truth. To explain, one statement definines and the other in reflection of that definition. Existence is multifacet and thus it follows our attempts at describing our experiences would be likewise as similarly so.

We seem to be obsessed in uncovering another contradictions and imperfections as if we were not all similarly afflicted, rather than Instead we reject all on the basis of one or more contradictions and devote needless energy in exposing and berating the speaker. We then arrogantly demand reconcilation between these contradictions as if this was indictive of our superiority. We must learn to look to the identifiable truth in what the other has said as opposing to relentlessly searching to exposing a contradiction. For if contradictions are all we are seeking than we need only observe our own actions and statements.

Why is it so important for "us" to discern and point out the contradictory statements of another as if having done so is indictative of their lack of veracity. When we do so we actually seem relieved and somehow vindicated, summarily dismissive of the entire message and the messenger.

This is so because we fear a similar mortality in our own antinomies, otherwise we would not find such pleasure in exposing in other what we know to exist and true within ourselves. Even worst we discount our own truth when two or more of our own strongly held be(LIE) fs contradict each other; mistakenly choosing one or the other.

WE do not trust our own uncharted insights, when they appear to be inconsistent. So again we choose to travel the already safe, proven consistent thought pattern of others.

The general consensus of conventional wisdom is that truth is consistent and non-truth is inconsistent. What we don't seem to realize is there is inconsistency and consistency in every aspects of the duality of our lives. If we did we would understand contradictions to be an accurate if not complete explanation in defining our life's experiences and we would likewise be more effective in dealing with the consistent contradictions withing our own day-to-day lives and activities.

Perhaps even more astounding is the fact we could come to a realization that contradictions are the cohesive nexus of our lives. We need understand that the natural order of thongs are contradictory, paradoxically so and many of our life's contradictions may not be reconcilable.

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When listening to a speaker expressing his position and thoughts learn to concern yourself with the viable understanding and compatibility within what is being said as oppose to endlessly searching as a critic to the who and the mannerism of what is being spoken.

Knowledge is not respector of person and can be conveyed and learnt by anyone.

Truth is seldom orderly, consistent and neatly packaged flowing from a so-called reliable reputable, traditional, authoritive figure. Truth is neither the possession of the rich, famous or superintelligent, nor the giver or the receiver. It may be your truth in the sense that you have uncovered and experienced it, but raw truth is merely and simply what is as it is. Learn to accept from others what you can and discard WHAT YOU CANNOT. Do not make a problem out of this understanding causing you to miss large amounts of knowledge during your lifetime - judging sitting in judgment. What may seem irreconcilable to you today may in time be reconcilable to you at a later date as you continue to grow and evolve. For in all sooth and reality all of our mundane life's events will be reconcilable at some level of logic at some point in time to you or another.

Likewise with patience and a closer insightful look in most instances you may uncover within another's contradictions a far deeper beneficial understanding than you could have ever possibly imagined.

QUESTION: "I must confess the duality of my mind causes me to listen and simoultaneously in silence argue with you, desparately trying to find a contradiction to what you are saying as proof of your fallacy and fallibility."

I can not categorically explain to you the workings of your behavior. But I tell you solely upon my own authority you are no different than I. I have simply began sooner learning more, having obtained a seeper insightful understanding of self. When you see two eyes, a nose and a mouth just like yours, your mind cannot fathom one who looks similar to you with you not having a clue. Indeed that should be its clue that we are all innately the same, the difference being only in degrees of understanding. It is like climbing the peak of a mountain - one who has reached the top cannot look back boosting and claiming superiority to the ones who have just began to climb the mountain

Knowledge is relevant only to your level of understanding. What is not relevant is not comparable and probably of no interest or concern; whereas, a child is not an adult and thus, there is no comparison or competitiveness. The ideal of comparison doesn't arise. What you are confessing is why many who have attained do not choose to speak. In doing so they lose the security of silence and subject themselves to criticism both warranted and unwarranted. That is as it should be.

If an individual speaks for two hours and you are only able to identify, absorb and benefit from two minutes of what has been said, then you are still far richer in reaching towards your "Universal Directive", of understanding and knowing self. We are one people, one humanity, interdependent, yet beholding upon each other. We must all adequately educate ourselves while dilligently learning the lessons of life in order that we may share, passing on the knowledge and learnt wisdom in return for all that we have unconditionally received - that is the natural order of what we call living, learning and applying

We are like flower seeds that need to be planted in the fertile grounds of a nurturing environment and allowed to germinate. It is only when an individual has blossomed into a mature learned individual is that person able to share by showering the fragrance of his wisdom and truth upon others.

QUESTION: When my husband married me he swore upon all that he held dear and sacred that he would with all his heart and soul love me all the days of his life; yet five years later he divorced me and remarried; reportedly he has made his new wife the same promises as he made me. How could his contradictive actions be consistent with truth?

This is indeed an obvious and most painful contradiction to you. You would have me explain his contradictory behavior hopefully providing you some sort of relief to your wounded heart. Your true question isn't why he has done what he has done, rather how do you reconcilie the pain that you are experiencing with the pleasures you once enjoyed? In this instance the solution isn't to reconcile this grievous contradiction, rather to joyously accept the love you once had and reject the -non-love that you cannot accept. Love is the

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most unique and unusual of all phenomenons, illogical and unreasonable (most of the time), that being deeply in live is its reconciliation its consistent-inconsistency.

Our failing is attempting to possess, endeavoring to obtain what is not our to posses. What you want to know is why this phenomenon called love has left you and how do you get it to return? One be grateful that love has visited you; secondly simply be patient and pre pare yourself to love again. Albeit, more likely than not with a different lover. Take heart for love hasn't abandoned you - you simpl do not understand its workings. There are no voids in existence, only periods of rest, than activity. What you think you may have lost is returnable

LOYALTIES

The essence of a person, is not to whom their loyalties lie, rather, the integrity of their loyalties. Self-loyalty is more than just an affirmation, it is loyalty in its truest application. In a world where there are more lies than truth, more pain than pleasure; there can only be black or white and no shades of grey. A person of loyalty who can find no kinship amongst others has no recourse saving to be loyal to self. One who loves, must love, even if it is to love oneself. Loyalty to oneself is no different than loyalty to another; it is blind, unyielding, without respects to right or wrong.

For many what had meaning yesterday has proven to be meaningless to day. What was once understood is now without understanding. A time-per iod when life is seemingly without meaning or purpose and you have this "feeling" of being utterly and utterly lost. AND Aluxe

There is a slew of advise as to what you should or shouldn't do to to breing back meaning into your life. We know all to well that doing is just another purpose that doesn't necessarily produce meaning.

In fact there is truly no way to give or to find meaning to your life - either you have it or you do not. What is meaningful to you may very well be meaningless to another. Meaning ins or purpose in truth is an individuaLISTIC PHENOMENON, UNABLE TO BE SHARED or passed on to another.

Of course there is this inescapable need within us to give our life meaning purpose and for that purpose to have meaning; as if our lives was premised solely on finding meaning. We seem to discount that just to be alive and living should be both its purpose and meaning; without a question of finding some external superlative meaning.

If your life's purpose seem to have lost meaning then re-examine your purpose; rather than to look for lost meaning. What you may discover to your dismay is that your life in and of itself is neither meaningful or purpose-less. It simply just is... Your life is like a piece of unworked clay. If it is your desire to find a purpose that meaning will flow from. You simply need re-find a purpose that will once again give you meaning. Like falling off of a bicycle, you weed get up and begin to ride the cycle of life again. meaning in life is found through a series of discoveries and re-discoveries.

There lies no neutral orinactive periods in this perpetual pendulum called life - either you are progressing or you are regressing.

Needlessly to say meaning in life lies moreso in the adventurous unknown than its known. It is this understaing that is blissful and not its opposites. It is this continued returing to a state of unknowningness that will once agin find purpose that will give meaning. That is why you need continuous die to yesterday with a rebirth in today.. When climbing a mountain, the intent is the purpose, the climb is the meaning.

Once you have reached the the top the event becomes anti-climatic. More likely than not that is why we routinely seek new challenges in an attempt to recapture what we believe is lost. To the innocent mind meaning in life is through an acceptance of an/objective and not by

seeking its meaning. How often have you marveled at the blissfulness of a child playing? Thinking to yourself"if they only knew?" But to a child play is both its purpose and its meaning. It can be held purpose is in the seeking, the process and death is in its finding, the meaning.

The search for meaning in life for some is an insatiable urge. More practically speaking it is the losing of meaing and the continued search for new or undefined purpose that will again allow you to find meaning.

When your purpose no longe delivers you meaning, more likely than not, it is you who have unaligned yourself by attempting to redefining your desired meaning through the purpose you sought. Meaning comes though purpose as a results thereof. Plainly put purpose and a particular meaning aren't necessarily one-in-the same. For example: doing of good doesn't necessarily mean that good will be accomplished. Truly, life's purpose isn't in finding the answer, rather an indepth understanding of the question.

It is paradoxically so when purpose turns into meaning than meaning loses its purpose. Similarlly to knowing that you were born into the realm of deth— in its queue, not, not knowing why, but knowing you are going to die. Obviously, the meaning of your death has no purpose for you. There purpose is life and meaning is ultimatelt the death of purpose. You may inquire "Why does meaning loses it purpose?" Rhetorically why does the wind changes its directions? There are gap in our knowledge of which have been called mysteries and may remains os for all eternity. Life is change and change AD INFINITUM AS we know it. We need learn to un-learn and re-learn to continuous look anew for purpose.

Purpose losing its meaning can rationally be considered as an aid in our evolutationary growth toward maturity. A taking away of our security blanket - and comfort zone. A way of continously shaking us up out of our complacency and intellectual slumber. Indisputably it is imperative that we continuous to evolve emotionally and intellectually, if we are to survive as a species. If can be said look outwardly for purpose and inwardly for meaning.

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It can also be said losing meaning and unable to find purpose is sometimes existence wake-up call and to many it is a most painful and traumatic experience. However, it is by conflict and friction that prods "us" to grow. Each time we are able to pull ourselves up from a grievous lost or catastrophic failure, it strength and engender within us even greater survival endurance, skills and abilities.

COMMENTARY: (1): At some point in our evoluntary growth "we" must realize that purpose is not a means unto and ends. That life, just to live it is both its means and its ends. And if there is such a thing as meaning in life it must be uncovered within oneself.

THINE EYES CROSSED

When some of "us" look at the world's problems "we" think that we have cause them. We need uncrossed our eyes to examine the facts to uncover the truth. While at home, school, hanging out or at work you disn't just decide to blow up Hiroshima, Nagaski, commit genocide of native people or enslave millions of Afrikans. You didn't rob the Native People of their lives, land, their cultural dignity and pride that flows from it. No, you just didn't decide to rape and pollute the world, exploite its people and harm all living things.

Unequivocally, emphatically, positively/without exceptions, religion, givernments, organizations and the likes are responsible for the world's ills. But, I am likewise concerned with why we are the way we are. Without nurturing, our self-esteem and sense of self worth has evolved poorly.

The conditioning of our lives have a very simple explanation:

1). People are labelled sinners by religions from birth; 2). Told to control our ideas and horminal instinctive urges and; 3). Told to suppress our egos. This type of crippling mental indoctrination has make us weak, schizophrenic; causing us to feel insecure and thus in many respects this internal war within us has caused us to become self-destructive. Without a true prototype of who we are suppose to be; so we are unsure as to how we should behave. The proff-positive truth of that statement is the utter divisive chaos in the world. We cannot even agreed in our own chaotic means of our self-destruction and demise.

This earlier own conditioning has adversely impacted our psychological growth. Many people have bought into this belief, believing that they are some sort of sinner in need of guidance and so they blindly and braindeadly take orders and follow others..

Taking orders from others usually results in the suppression of our moral and better judgment. Only a mindless creature or a cold-bloodies beast could execute another human being upon another's command. Irremissibly and inexcusably and individual when ordered

can and will commit the most utterly heinous, beastly, despicable of crimes all in the name of god, a cause or law and order. Insidiously-brutal treatment and atrocities committed against innocent individuals can no longer be justified or rationalized by the pathetic jaded cliche "I was so ordered, I was obeying orders; only doing my job; or it's the law, divine destiny or god so willed it."

Apologist for governments, capitalist buisnnesses and organizations, maintain people operate churches, organizations and governments. Therefore, individuals have caused all the world's ills. They add "It's up to the individual to make necessary changes or the world;'s conditions will remain as they are". With this type of subterfuge a and disengenous propaganda, those in religion, governmenta and political positions of power have always been able to manipulate the mas ses. They jealously maintain control and will destroy anyone who threatens these aged-old institutions of deceptions and corruption.

In order to see from where the world's problems originate, we need uncross our eyes. It is obvious that you, your family and friends haven't gotten together to make war, enslave others or pollute the world's environment and greedily exploit its resources.

The individual doesn't declare war nor have you caused the near depletion of the world's resources and brought it to the near brink of destruction.

The solution to the world's problems is simply the reversing of the cause. The cause being the suspension of an individual's better judgment. The solution to this malady is to seek an individualistic solution before a collective one is imposed. To rely moreso on self and less on the many.

COMMENTARY(1): "Nimarodas, you have religious stressed the empower-ment of the individual. Inn't the empowerment of the individual in our collective interdependent world not divisive legding to total anarchy and total chaos?"

What is divisive is the disempowered individual who is weak of which cause him to follow and blindly seek protection from the human-herd. That in and of itself is the source of the world's ills and social-maladies.

STAYING FOCUS

The most essential of all disciplines is staying focus, the religiousness of living is conscious awareness. To be focus does not mean that you are ridged an tense, merely that you are living a committed life with a sense of direction, purpose and duty. Even in the face of death, conflict or extreme adversity you need stay forcus. For by chance death or failure were to miss you, you would still have progresses and accomplished a continuation of whatever you were seeking.

There need never in life be a point where you should plan for your death saving maybe for burial expenses. While life's experiences sometimes appear to be a crapshoot, it is not. You cannot loss what you cannot stand to gain. There is no perpetuation of life as we know it to be. Life came to us without permission and it will depart similarly so.

Life is a gift in the truest sense of the word. Your life is not of your design or making, you did not ask to be; nor do you know where the exir is to surrender your life for a refund. We are not truly participants in this experience called living; merely recipient. That fact alone does not relieve us of our inexorable duty to partipante and do the very best that we can to make our life and the world of others better in our wake. That must be considered the undisputed ethics of the human being.

If we are to fully master this inexplaimable mystery called living; and we mus learn to master our inhibition and restrictive fears of this experience called living. To do so we need stay alert and focus, courageously facing the challenges of life without hesitation, equivocation or expectaTions.

Needless to say if faced with imminent danger rely solely upon your fighto or flight mode for both are synonymous in lining life, requiring a similar commitment. In fact staying forcus is your primary means of protecting and preserving your life - when facing a life-threating challenge; there is apart of you that seems to be un-affected and not effective and influence by whatever trials or tribulations that you are enduring.

Reflecting inwardly haven't you though to yourself "I shouldn't have done this or that, it sure was a dumb thing I did; now look at the mess that I am in?" In may respects staying focus is a remembering that you are merely an observer to in your life and your body. This reremembering will provide you with enough objectivity and intellectual clinical-detachment to allow you to develope a greater mystery of your fears

If your finger suffers an injury you may feel the pain, but it has not happened to you. If both of your arms and legs were amputated and even the removal of certain organs - you still would not have amputated you. Organs are removed and limbs are amputated and the individuals goes on living.

Even the coming of death what many fear the most has nothing to do with you. You have not known death, you have only known life. You have no reason not to suspect that your life will continue for all of eternity.

ALIENATION

We are all alienated from our authentic selves and true possibilities even from birth. No matter what cultural, social-economical class, ethic group or nation we belong to. This basic myopia-vision prevents us from taking any unequivocal view of our insanity or the madness of others; our alienation goes to the very root-cause of our self-serving opulent and decadent society. Around us are all pseudo-events to feed the hypocrisy of our pseudoinnocence to which we have learned to identify with, adjusting with a false sense of consciousness, adapted to view these events as norms, true and real. We live in a moment of history where our evolutionary-technological advancements are so speed ed that we can only begin to see the present when it has become the faded past; hence, the remembering cries of "The Good Ole Days".Our realities are mostly engineered, orchestrated, 'so surreal' that it can only be seen in light of the exile truth, it beauty seemingly a lie. Moreover, our lives appear either illusionary or nightmarish, reflecting either the illusion of grandeur or the pain and decay around and within We are all ill-grounded and not centered, superficially guided by our selfish-greed of our accomplishments and accumulation of 'things'.; by our ego, pride and need for instant gratification. We either fabricate honorable dealing and triumph in our songs, fables and folk lures, as we have so DISHONORABLY done in America's history books; or we have set forth unrealistic, puerile goals of supernatural feats, superstitions or magic as we have done in our umpteen religious dictum/tales of superheroes

What is, is described in the light of what is not, already dim by the shadows of the past. At most events we are as bemused, confused creatures, more stranger to ourselves than to another. Even from an idea standpoint there is only a glimpse of our true selves. We are born in a world where alienation awaits, potential human being in an unnatural state. Our present destructive destiny has been achieved by our greed, selfishness, cruel and outrageous violence that we have so senselessly perpetrated upon each other. Nevertheless, the requirements of the presence - as depicted by the failures of the past are to provide a thorough introspection, and critical examination of our activities, failures and accomplishments. Unfortunately, we can only begin to realize our alienated state, except from this dysfunctional beginning point. The recognition of our neurosis is the springboard of any serious contemplation on any aspects of our present interpersonal relationships. However, what is required is more than just a passionate outcry of outrageous humanity, rather an in-depth understanding of how our greed, fears and violence has alienated 'us' from our true selves. THUS FAR, we mus succeeded in understanding our alienation if we are to ever achieve our natural state and true possibilities.

ILLUSIONS VERSUS REALITIES

Our realities are defined as those things necessary and essential to our existence and survival. There are two things must be accepted as a Premised, Self and Existence. SEX AND FOOD are primary needs.

Sex to perpetuate the species and food to sustain our lives. Good Health and Economical survival are encompassed in the First premise of Self...

Unquestionably, the vast majority of the things we possess and desire for our lives are illusions. Illusions in the sense that they aren't necessary for our survival.

Our lives will go the way of our illusion, if during a crisis we aren't able to distinguish/separate our illusions from our realities and pursue 'solely'; life preserving priorities. Our illusions in life are generally those things that make life pleasurable, life's difficulties, challenges and miseries more bearable and offers a psychological/physical escape from the day- to-day, hum drum drudgery of living.

We seek pleasure in the avoidance of pain; and seek to travel the path of least resistance. Many childishly seek our pleasurable illusions at all cost in avoidance of many-many harsh realities and natural.

Sex, Drug, Alcohol excessive usage and even excess food consumption provides those pleasurable moments of illusion that make our lives more bearable.

Those who have attempted to deny life's many momentary pleasurable escapeism illusions, have appear stoic, warped, bitter, deranged and angry. Life is inclusive not exclusive. our illusions are as much a part of our lives as our realities. IT IS OUR BALANCE. In fact our illusions are the founding blocks of our realities, defining what is by what isn't.

The path isn't to abstain from life's illusions, by denying what is usually pleasurable. If we know that the relaxing and pleasurable illusions that we seek are no more than a past time; taking a break; not truly necessary or essential, not detrimental; and we need not concern ourselves with the most certain, inevitable disappearance of our pleasurable illusion. In passing, it must be said that we pay far too much for the illusionary pleasure in life we seek.

Notwithstanding, the maximum of what is needed is merely an Intelligent, Mature Understanding of our Humanity; a Knowing that you can travel from your illusionary Pleasures to your sometimes Harsh Realities at will. It is an understanding no different than our required body functions.

Pleasurable illusions MUST be pursued in Fun; similar to the so-called American Dream(nightmare) of which is no more than the American ILLUSION.

MORALITY OR IMMORALITY

We teach our children to do good. Yet, we live in a world where bad things seemingly occur more often than not - dominating the local and national news and our everyday living. We seek to do good but in most instances the results have been harmful and injurious to the environment, ourselves and others. We seem unable to practice what we are preaching to our children and others - who readily recognize this hypocrisy, between what we say as oppose to what we are actually doing. If many if not most instances doing wrong gets the job done; notwithstanding, right or wrong are subjective terms.

We preach that drinking and smoking are harmful and extremely detrimental to your health; yet the alcohol and tobacco industry ranks among the national and international largest, richest and most powerful corporations. We prepare for war, while we talk of peace. Amerikans are the most sexually repressed, sexually obsessed, and sexually exploited people in the world. We engage in sexually promiscuity and every other known deviate and perversion there are, while preaching sexual abstinence. We profess love yet most of our actions have proven unloving.

We are losing ground, our lives are on a two for one exchange; one step in progression and two step in regression. This seemingly insurmountable contradiction has caused a stagnation in our psychological growth and maturity. Idealistically, we seek to become loving and caring; continuously attempting and not succeeding. We seek to be moral in a now global society of mass and gross immorality. The solution is not an answer; for none will be forthcoming; rather an in depth understanding of what morality really and truly is.

We need understand that the process of living is neither moral nor immoral; in truth we are actually amoral creatures. Nevertheless and notwithstanding, we have this instinctive drive to impose our mostly failed, flawed, illusive, antiquated, concept of morality upon ourselves, our children and other with mostly situational, temporary or failed results; as history so vidly indicates. In theory, we should be moral, respectful, loving and considerate of and too others reality being all down the ages we have been mostly unloving and immoral towards (some, if not many) others.

Our moral quandary is between what our projected vision of what life is and the inescapable, unyielding actual hardcore reality of what our lives truly are. Enormous amount of lives, money and energy has been loss and expended in this iconic dream and senseless waste in cresting and in pursuit of engendering within the hearts and minds of mankind a spirit of lovingness. compassion and moral standards for all to live by; <u>ALL TO NO AVAIL</u>.

Striving for perfection is the epitome of lunacy, or even a balance between morality and immorality is self-defeating, self-defeating and useless. or Owner's Manual to give us directions. There is no paradigm to whom we can immolate or identify with. We are extremely fanatic and eccentric in our tireless centuries old efforts and attempts to determine Who and What we are, with zero results; we may have uncovered how but we don't know why? We are either hot or cold, apathetic or a zealot, follow me I know I have discovered - NOT TRUE.

True morality as best as we can estimate in living is a knowing, an acceptance that living life is a first time experience for all of us; and that our lives are both moral and immoral; neither are superior to the other. We are all equally endowed with individual thoughts and there lies no universal recognized set of morals for all to follow; no panacea.. Morals as reasons ans intelligent s dictates are individual, cultural, religious, situation and imposed by whoever has the power to impose them on others. Morals are different from region to region . especially in the so-called Third world countries <u>vs</u> the so called First world countries. Each individual's spiritual and moral growth progress and evolves differently. The subject of Moral Superiority <u>vs.</u> Moral Inferiority is a complete fallacy. Here lies the pain of confusion between those who believe them

selves to be moral vs those whom they believe to be immoral.

I am hetrosexual, surely I can not claim to be superior to a homosexual; albeit there are many who would make the argument based on the laws of nature, that the former is superior..

To return, this is not to say that you do not have an obligation to strive to be "moral" as best as you can define it; as your individual intelligents, conscience, culture or religion so defines. Nor am I an advocating that you braindeadly accept the alleged moral dictum of another in indifferents to that of your own as define by your individual needs and philiosphy. Bear in mind we are all equally ignorant in the dark searching for the light of the unknown and unknowable.

Morals need be demonstratively defined as: 1). Whatever neither harms the individual or others and that why benefits the individual and others. WHEREAS, immorality need be defined as just the opposite.

As you can understand by the above precept, realistically speaking there isn't anything we can do or say that will live up to that precept of what is defined as moral. In nearly every instance; benefit to one is usually to the lost/harm of disadvantage to the other. Plainly put whatever I have you do not have.. In nearly every area of enrichment/benefit to one is at the expense of another or others.

We are in general just as evil, selfish, sadistic and full of greed today as we have since recorded history and beyond. In most instances we seek to do good, there is this instinctive desire within us to do so. Of course what is good for self of course most likely will be bad for another; even our doing good for good sake is inconsistent and not always the end results of good intentions. As it has been said many times life is a crap shoot and so are our intentions.

Imagine the earth as one giant bed with a banket of access and opportunities, resources, etc. The use or taking, disproportionality by one individual or group who takes from this bed causes others to be deprived and having to go without. This is the First Evil; not unlike the so called First Religious Sin and the primary cause of global immorality and all the catalytic, catastrophes tragedies. that history has so abundantly and vividly recorded. In our finite world this jaded cliche rings ever so true: if you aren't for me than you are against me. My moral convictions are most assurely not the same as yours, nor those of other and why should they be. I am me and you are you. In fact many of us are masochistic in nature and do more harm to themselves than others.

As some point in our evolutionary progress we must come to the realization that doing good is subjective.; and in truth doing wrong has always gotten the job done. Even from the very beginning of civilization many leaders, etc., have attempted unsuccessfully to impose their so-called good morals upon the masses with only minumum success.

We are mere temporary stewards of our lives, obscure sojourners and then we all at some time or another surrender our lives at some time or another. We little sojourners be(lie)ving that our lives are our possession to manipulate and to judge others. In truth the whole of existence encompsses both good and bad; the flipside of the same coin, the yin and the yang, life's balance. The pushing and pulling in support of each other, its polar opposites; seemingly contradictive, yet its cohesiveness.

Good would become impotent; and vacuous; and collapse and vice-a-avers. Even though it may appear that bad occurs more often than not; that isn't so. Good is intrincically, interlaced, interwoven with every bad act; Plainly put you cannot commit a 100% bad act without some good flowing from your actions. In truth you can't have good without bad, leasetwise how would you know the differents.?.

Why is it when someone says "Believe me this is the truth!" A hesitation and a cynical mechnical smile automatically appears on your face. Two reasons: First, truth can't be spoken in its entirety; Second truth can't bean only be understood or experienced, not shared or given to another. My experience of truth is false, false in the sense that it isn't 't your experience of truth that you've witnessed.

Truth is only your experience. You and your truth will endure and abide even unto death. Always be on guard as to the other's truth. Time and time again, history has taught and experience has confirmed it is seldom your truth. Knowledge comes from trial and error, failures, successes, living, learning and applying. Truth being the sum total of those experiences.

Intellectual Self-Defense is forever the seed of inquiry, not merely accepting the truth of another as your own, Trust the other's t truth only as a guide until it becomes the truth of your experience.. We listem to those who support our beliefs in business, government, religion, etc., and are receptive. We do not question and if we do, we rationalize the ends will justify the means. We allow and share in our own belief-victimization, because we do not want to think for ourselves. We would like to think that the culmination of all these age-old institutions which have survived this long are correct and just, leastwise how could they have survived this long.

It does not occur to us that these proven institutions of deceptio and corruption have survived simply because "WE" are lazy and fearful of the new and untried.

Intellectual-Self Defense is an inclusive philosophy with emphasis on self as a means to relating and understanding others; for in all reality, self is all we can ever truly understand. It teaches that the individual is the first sovereignty, first responsibility. More accuratedly put, it is a deprogramming philosophy to reverse the stagnated failed indoctrination of traditional wisdom, norms and mores. In contrast to nearly ALL religious doctrines and other counter-intelligents idealogies, it teaches as reality exem¥lifies that your tru and primary non-academical knowledge is self and not the other.

TO ANSWER THE AGE-OLD QUESTION OF WHAT'S THE PURPOSE OF LIFE? The answer is found in its ordinary and natural function and thus, the

obvious purpose of life is to live, to live it to the fulless. The truth is only the truth of your experience. It further teaches to nurture the individuality of the individual

Very simply I am teaching self-interest as a means to unselfishness and loving thyself as a means to loving others. Utilizing self-determination, self-respect, self-reliance and self love as a means to all relationship related needs and desires. With total acceptance of self as one's own responsibility. I would encourage you to become a light unto yourself, learning with non-comparison to others.

What is needed is conscious-awareness, a non-meditative-meditation ness and a continuous dropping of our negative-painful psychological-memories and fears. All beliefs are false, they separate us from the truth, if that were not so, what need would we have to call them belief, it would be calle truth. Belief is never the truth, "The art of a lie unlike the truth is that is is never against you and always convient an and comfortable; yet bitter in the end." It is awareness that I am tea teaching.

It must now be abundantly lucid to the reasonable mind as circumstances and history now reveals, that it is ill-advised to think that another can lead you when "we" are all equally ignorant and blind groping in darkness in parity towards the light of truth; in this arbitrary imposed experince called living.

WHAT HAPPENS WHEN WE ALLOW OTHERS TO INSTRUCT/MANAGE OUR LIVES?

By La Cin Achim 18.21

For example, when we go to church... We cannot listen to ourselves. Then, it takes time after church to get over church. Usually, a church service is like being taught a lesson. C.J. Jung, the psychiatrist writes: "Religion is a defense against religious ideas." As that the lesson we learn when we church? To become anti-religious, whether that was the intended lesson or not, that is, and has been, the results; A world full of religious professing, anti-religious acting individuals.

You need only review your own experiences; read the front page of any newspaper or tune-in on any television or radio station to verify the UN-religious things that are happening all over the world.

There is school... The same things about church can be said about school and work, except children have to associate with whomever they are put in class with. This has resulted in physical and severe mental abuse.

Children have to listen to the teachers and cannot listen to themselves.

Textbooks are censored; teaching methods are antiquated and

Yextbooks are censored; teaching methods are antiquated and most teachers are simply not well versed in progressive teaching methods. Schools can best be compared to jail, rather, than places to learn. After school, students have to get over school. Carl Loger writes: "Nothing worth learning can be taught." Other have written much worse about our UN-educational institutions, There is work.... Everything about church and school equally applies here. But now, we are at serious business.

There are leisure activities like television, radio, sport events, gambling, movies and all kinds of

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performances. All of these are mind controlling. When we subject ourselves to church, work, organizations, entertainment or anything else, we are subjecting ourselves to mind-controlling activities and not listening to ourselves. Luckily, our minds have a near unlimited capacity to absorb

all this mind-controlling and still function to varying degrees. When we are told that we only use 5 to 10% of our mental capacity, what is really being explained With all this control, 90% of our attention is taken up, leaving only ten-percent of our mental capacity left for listening to ourselves. Some of us even try to find ways to fill up that remaining 10%. We are afraid of this emptiness, that period of time when we may have to listen and think for ourselves,

That which we have knowingly and UN-knowingly availed, separate and apart from

experiencing the truth of our inner-

traditional societalgarbage (Garbage in the sense that it
is someone else's knowledge), that we
have been indoctrinated with.
Our real life is within that less
than 10%.

The rest of our life's experiences are all borrowed or false, false in the sense that it isn't our truth. If we truly want to experience the joy of our lives, then we must expand that 10% by listening more to ourselves and less to others.

Our best hope lies more so within self and less from others.
Our lives will never be improved uponz As long as we school, we organize and entertain ourselves to avoid listening and uncovering the truth of our innerself.

Of course this is not to say that
we need not school by traditional
educational means, but, understand,
the greatest teachers and source of
knowledge comes from self,
instinctively, experimental and
vicariously.

SELFOSKISHIN , INSTAN AND BY OBSAUNTEN

THE RIGHT HONORABLE ELDER, MR. OTIS LEE RODGERS SR. PIN# 174-297, 18,4

TO:

RE; PROGRAM PROPOSAL

ANTI-RACIST ANONYMOUS (ARA) THERAPEUTIC PROGRAM FOR THOSE WHO FEEL THAT THEY ARE RACIST AGAINST THEMSELVES OR OTHERS, THOSE WHO SPEW POISONOUS-PUS RACIAL-EPITHET INTER-RACIALLY OR INTRA-RACIALLY TOWARDS AND AGAINST OTHERS.

SUBJECT: Black Lives Matter Symposium as to "WHY" Black Don't Matter in America? Request permission to authorize and provide resources to organize and facilitate a black lives matter symposium - to fully explore and address in open discussion - young black men obsessive, nonsensical, incessant, habitual, pathological repetitious, mindless loudly, spewing of racial-epithet, racism, intra-racism; identifying themselves as ninjas, towards others, even non-blacks, grievously annoying and offending all non-racist within earshot.

Indra-racism is self-hatred, the cause of black-on-black violents, death and injuries; domestic violets against black women and black children; and voung black men in the dorms screaming to the top of their lungs that black women aren't their preference; even when I was in California, same, same. These young black men have been ignored and abandoned. and it has been said that they are headed towards extinction. These young black men see themselves mainly as predator,, recipients, survivors by any means necessary. They don't see a future.

The subject matter here, is an unaddressed national shame and disgrace, a plague, an epidemic scourge on humanity. Young black men 's racism of self-hatred, calling themselves and other black men ninjas, black-on-black violents, murder; and turning against black women.

Unquestionably without any dispute young black men have been declared an "Endangered Species" by the federal government decades ago.. Young black men in America constitutes a unique "Special Needs" group suffering an unexplainable transferred racist virus of centuries pass; of now a mass psychosis, termed "BLACK RAGE".

Warden you have umpteen federally funded programs but none focus on the unique and specific need of these endangered young black men, who society for the most part have written them off as 'irrelevant..' "WE" are not paying attention to these undereducated young black men spewing racial hatred against themselves, black women and others. I am an Elder a sixties "Black Panther" and Cleveland "Black Nationalist", I am pro-black an advocate for the black 7 man. It is my duty and moral obligation to bring this cancerous matter to your attention in hopes that the slogan Department of Rehabilitation and Correction actually means something.

This cancerous problem of the black man must be addressed and solved by the black man; a mentor, an Elder with real life experiences. I have facilitated many many self-help programs in my thirty-years tenure as a prisoner. Even tho I am a strong black man, many Warden have sat me in their office after discussion of my pro-black ism, allowed me to teach and mentor to young black men and others. Young black men need a strong male black role model. On the news their is compassion and emphasis for everyone and everything saving a black man and we see the results of that disaffection; nearly forty-percent of all prisoners in America are black men yet we are only about 6-percent of the population, Will you help

WHY DO YOU CALL YOUR BROTHER THE N-WORD, IS THAT HIS NAME?

WHAT IS A NINJA? AND YOU THEN WONDER WHY BLACK LIVES DON'T MATTER IN AMERICA? BROTHER WHAT VALUE IS A NINJA? IT'S ISN'T ROCKET SCIENCE. THINKING THAT YOU ARE BEING COOL SPEWING POISON-PUS RACIAL

ARE SAYING SOMETHING SLICK OUT OF YOUR MOUTH - IN TRUTH YOU ARE JUST

BEING A FOOL, A JOKE THAT IS NOT EVEN FUNNY.

DIDN'T ANYONE EVER TAKE THE TIME TO .EDUCATE YOU THAT THE N-WORD IS THE MOST DISGUSTING, DEHUMANIZING, REPREHENSIBLE WORD IN ALL THE ENGLISH LANGUAGE; CREATED BY THE ENEMIES OF THE BLACK MAN. BEAST, WILD SAVAGES DESIGNED TO DESTROY, THE DIGNITY AND PSYCHOLOGICAL WELL BEING OF THE BLACK MAN. A TERM IMPOSED UPON YOUR ANCESTORS BY MAD DOGS SLAVERS, TO BRUTALIZE, DEHUMANIZE, TO DESTROY 'OUR' PEOPLE'S HUMANITY. YET, YOU NOW HAVE PICKED UP THIS FILTH, DISEASE AND SELF-RACISM CLAIMING YOU HAVE CHANGED THE WORD INTO A TERM OF ENDEARMENT. YEAH RIGHT; HAVE YOU BUMPED YOUR HEAD, ARE YOU MENTALLY ILL?

BLACK MAN, BLACK MAN, PLAYING THE BUFFOON THINKING THAT YOU ARE COOL. YOU ARE NOT A NINJA AND NEITHER IS YOUR BLACK BROTHER. YOU ARE A MAN, ACCEPT IT AND GET OVER IT.. GROW UP AND FIND SOME OTHER NONSENSICAL WORD TO SAY OVER AND OVER AGAIN FIVE HUNDRED TIMES A DAY. BETTER YET EDUCATED YOURSELF AND TAKE AN ENGLISH CLASS TO INCREASE YOUR VOCABULARY DON'T YOU KNOW THAT THE ANCIENT DEAD ENEMIES OF THE BLACK MAN ARE IN TEARS LAUGHING AND OVERJOYED AT THE STUPIDITY AND FOLLY OF THIS 21ST CENTURY BLACK MAN, MASS PSYCHOSIS OF INTRA-RACISM, "BLACK RAGE" OF SELF-HATRED, BLACK-ON-BLACK VIOLENTS, DEATH, MURDER, ROBBERY AND RAPE.

NO GROUP OF WILD SAVAGES IN ALL THE ANNALS OF HISTORY HAVE BEEN SO OVERJOYED TO KNOW THAT HAVING PLACED THIS ANCIENT DEADLY VIRUS SEED OF SELF-HATRED, INTRA-RACISM, AND SELF-DESTRUCTION WITHIN THE BLACK MAN DNA PSYCHIC THAT IT HAS FINALLY TAKEN ROOTS IN THE 21ST CENTURY WITH 100% EFFECTIVENESS AMONG YOUNG BLACK MEN. WAKE UP, WAKE-UP BLACK MAN, COME OUT OF YOUR COMATOSE SLEEP, STOP YOUR DRUG USAGE AND ACCEPT YOUR LIFE AS A "REAL" PERSON. STOP YOUR RACIAL

HATRED OF YOUR BROTHER AND OF THE BLACK WOMEN.

LOOK, LOOK BLACK MAN AT ALL THE DEATHS, DESTRUCTION AND HAVOC THAT YOU HAVE MINDLESSLY HEAPED UPON BLACK AMERICA. WHO TOOK YOUR HEART AND WHO STOLE YOUR SOUL, DON'T YOU HAVE A CONSCIOUS.?

RESIST AND SHAKE OFF THIS INSANITY, RESIST THIS DEADLY "NINJA" VIRUS/CURSE THAT HAS AFFLICTED, POSSESSED AND TAKEN CONTROL OF YOUR MIND. FIGHT BACK WITH ALL YOUR MIGHT, FIGHT THIS DEADLY VIRUS THAT FORCES YOU TO SPEW POISONOUS RACIAL HATRED 24/7. BREAK THIS ANCIENT CURSE OF YOUR ANCESTOR'S ENEMIES; AMERICAN SLAVERS OF OLD. NINETY-PERCENT OF AMERICAN HAVE REJECTED RACISM. YET YOU PLAYING THE CLOWN PERSIST IN INTRA-RACISM OF SELF-HATRED, BLACK-ON-BLACK VIOLENTS; YOU REJECT, BEAT AND MURDER THE BLACK WOMEN; THE SALT AND WIND OF THE EARTH. SIMPLY BECAUSE OF YOUR SELF-HATRED.

