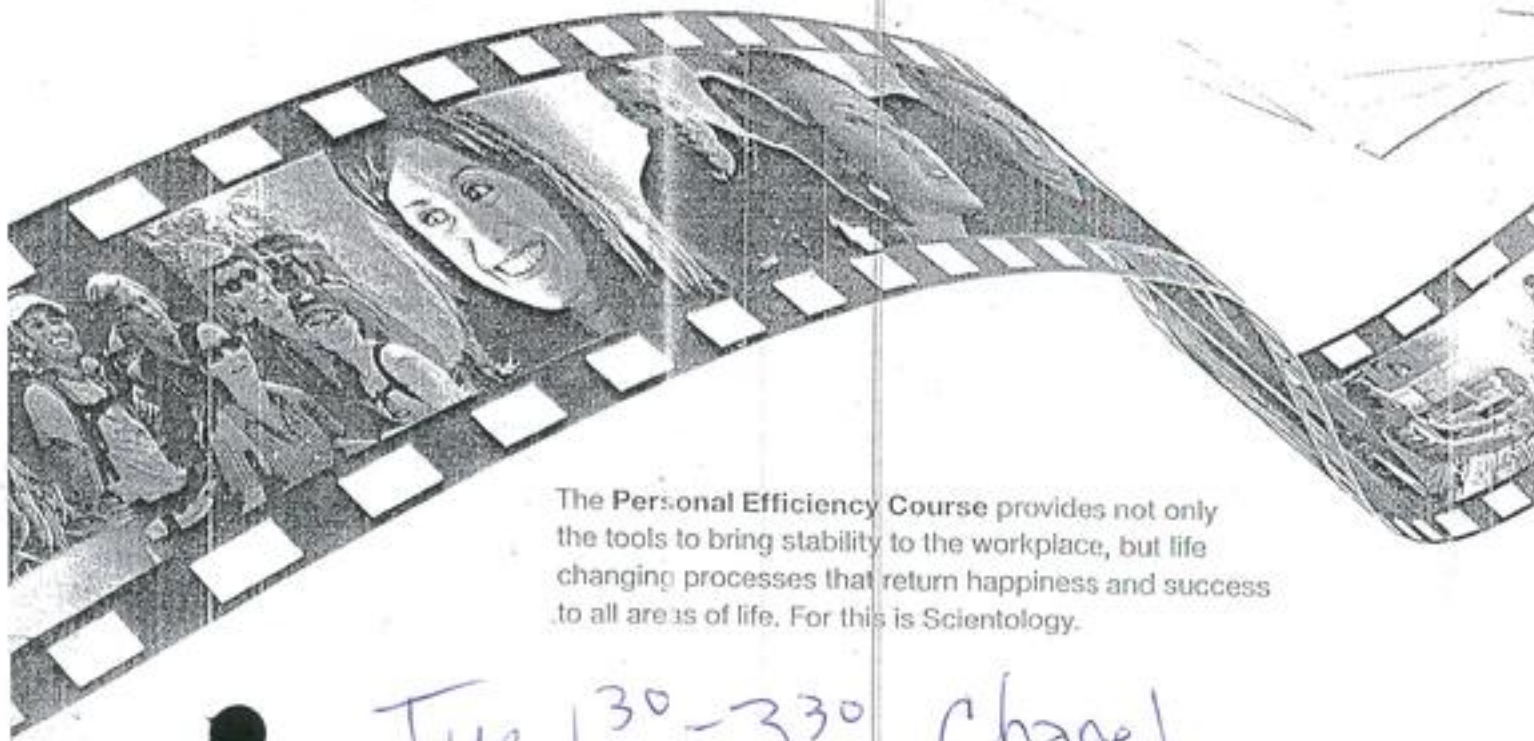
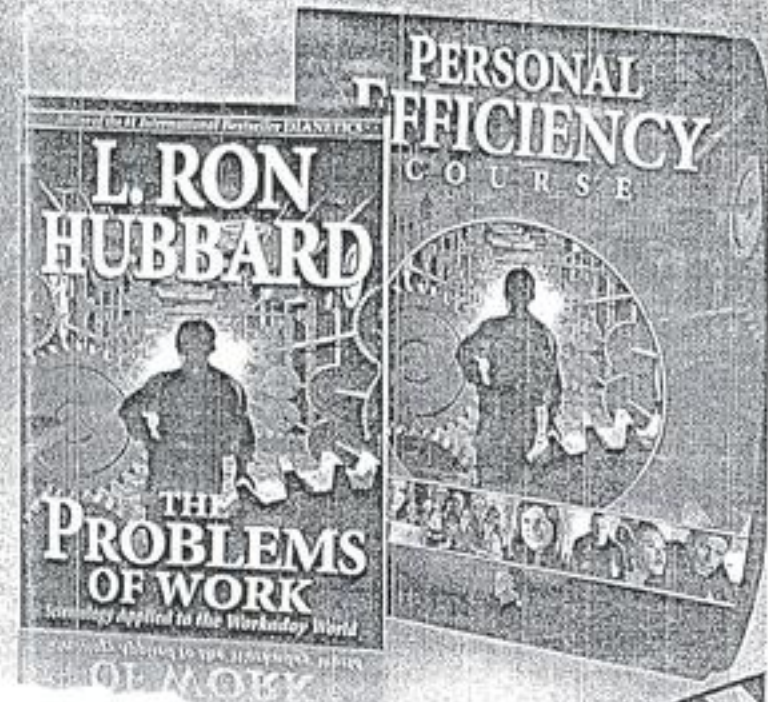


Real Life, Practical Tools

The Personal Efficiency Course is the proven answer to life's toughest challenges. The breakthroughs you will gain from this course include:

- The *Anatomy of Confusion*—and its cure
- The *Doctrine of the Stable Datum*—the most fundamental law of work, and living
- The *Anatomy of Control*—and how to turn "bad control" to good
- The *Anatomy of Life as a Game*—and the rules by which it is played
- The "Secret" of Efficiency
- The most fundamental elements of *life*—Affinity, Reality and Communication
- The rock bottom cause of Exhaustion, and the powerful Scientology processes that return the energy of youth



The **Personal Efficiency Course** provides not only the tools to bring stability to the workplace, but life changing processes that return happiness and success to all areas of life. For this is Scientology.

The Personal Efficiency Course Includes:

- *The Problems of Work* book
- Viewing of *The Problems of Work* film
- The *Personal Efficiency Course Pack* (complete with workbook)
- Discussions and interactive exercises, led by a trained Scientology Course Supervisor
- Certificate of Completion
- Two FREE Oxford Capacity Analysis™ (OCA™) Personality Test Tickets and evaluation

Tue 1:30-3:30 Chapel

Personal Efficiency Course Overview:

This course is comprised of 8 sections, each with interactive exercises and accompanying short films that illustrate each concept for a complete understanding and application.

Section 1. On What Does Success Depend?

Is it who you know?
Personal charm?
Education? Hard work? Interest level?
Personal ability?



Or is it just plain luck? In truth, real success can best be achieved through the knowledge and the application of these practical tools in this first section. They can be applied immediately to bring about greater security, competence and efficiency in work and everyday life.

Section 2. Confusion

Confusion is uncertainty. Learn the real source of confusion and gain the ability to handle any situation with certainty. Discover how to bring order to any confused circumstance or environment.

Section 3. The Anatomy of Control

What is control? It's the "secret" to efficiency. You will learn the three component parts of

control that enable you to use and understand Control, and how it relates to every activity in life. Plus, you will have the ability to distinguish between "good control" and "bad control" and how to maximize efficiency for accelerated success.



Section 4. Affinity, Reality and Communication

How do you improve relationships? How do you effectively explain your ideas to people? How can you accomplish your goals? Creating, understanding and improving relationships hinge on three things: Affinity, Reality, and Communication (A-R-C). Master these powerful fundamentals to create and improve relationships, as well as increase your understanding of people, work, and every aspect of life.

Section 5. A-R-C and the Tone Scale

How does one deal with puzzling and unpredictable emotions? It can seem impossible to predict if someone will be truthful or untrustworthy, helpful or antagonistic. Emotions are categorized into a multiple-level Tone Scale and range from Apathy to Enthusiasm. Knowing A-R-C and identifying where a person is on the Tone Scale is the best possible way to predict future behaviors. Take the mystery out of people's behavior and learn this vital tool.



Section 6. The Eight Dynamics

The basic command, "survive" which is obeyed by all of life, is subdivided into eight compartments so that each aspect of life can



be more easily understood. These compartments are called the Eight Dynamics (dynamic meaning urge, drive or impulse). We are all trying to survive as long as possible and attain the most desirable state possible. By understanding the parts of life and their relationship to each other, you can not only survive, but thrive at an optimum level for a more fulfilling life experience. You can create a life truly lived.

Section 7. Exhaustion

Do you often feel overwhelmed with the relentless, day-to-day duties of life? From rushing the kids to school, to dealing with an angry boss or difficult co-workers, to traffic and long lines, are there days when the thought of working another minute seems beyond your capacity? Here you will discover the exact cause of exhaustion and processes that truly combat it, giving you the vibrancy, endurance and vitality to take on the world.

Section 8. The One Who Succeeds

How can a person who is both able and intelligent still not succeed in life? They lack the essential tools

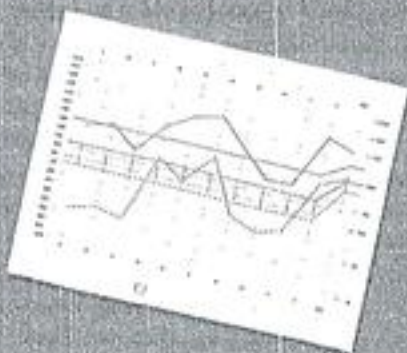


that allow them to achieve a solid foundation upon which stability and certainty are built. The keys to success are revealed in this section. You will gain the practical knowledge you need to achieve success in work and everyday life—it's what Scientology is all about.

FREE PERSONALITY TEST

Enroll on the Personal Efficiency Course today and receive 2 FREE tickets to take the Oxford Capacity Analysis (OCA) Personality Test. This service tests the 10 key personality traits that determine your future success and happiness, and provides ways to improve them.

Registration is required. For a limited time only.



Come in to your local Church or Mission of Scientology to enroll on the Personal Efficiency Course today!