

Ep 79

Jord

Crin

5-22-22

I am so sorry to read about the pain your little sister endured, as well as your pain and fear

It breaks my heart to realize that 33 years later you are still carrying that much pain.

First, it's important you know, I am NOT the one who broke into your house - I'm not sure who put that in your head but it's not true.

As you said, I am serving a life sentence and I have nothing to hide, if it were true I would lose nothing by admitting it -

either way I gain nothing - but for the sake of truth - and hopefully for some peace of mind for you, that was not me.

Admittedly you have no reason to take my word - but put that aside for a minute and consider what's really important here. Your sister suffered and I have no doubt she carries those scars today -

perhaps reaching out to her now instead of dwelling on your anger



would help both of you find a path to healing.

If you looked me up and followed my case you will know I too was abused and my inability to reconcile all I went thru led to me lashing out and creating so much pain in the world around me.

I hurt everyone I touched, and did not fully come to terms with what I had become until I was already incarcerated.

I am so sorry for all the pain I've caused, I wish I had a way to undo it all. I feel like it's so unfair for me to ask forgiveness,

So instead I just try to ~~be~~ be the best person possible going forward - to do all I can to somehow have a positive impact on the people I come in contact with.

I don't know all you've been thru these past 33 yrs., but if you've suffered by believing I may have hurt you, then I am sorry, and I hope now you are able to take a deep breath and choose how



you want to feel going forward.

Finding a positive outlet, something that will fill your heart with love and compassion instead of anger and hatred will enable healing.

It really is a choice to feel the way you want to, instead of continuing to be a victim.

I think it took a lot of courage for you to reach out to me feeling the way you do - and that's a good thing - taking control of your emotions, standing strong and speaking your mind - good for you.

I really hope you are able to find peace, to let the past fade and create the head space and heart space you need to live a good and healthy life.

I wish you the best, and whether it means anything to you or not, I am sorry.

Daniel