

Date: 27 Dec 22

Subject:

" INSANITY "

The inhumanity of solitary confinement is beyond most peoples comprehension and nightmarish imagination. Even when your dealing with this hellish existence, and think you have it under control and fully understand it....well it throws another twist in it, to shock your human conscious and brings you back to the reality of it all, where you start to remember that the human mind is very fragile, and your on the slippery slop of insanity. Yes solitary confinement is a monster! And a monster that is stealing your sanity each and every day! And the sooner you understand that, the better off you will be. Sure it'll steal part of your mind, soul and body. Because it does more than tear your mind down, it tears your body down physically, and deteriorates the very Essen's of your being. You die a little each and every day inside. And anyone who says that it hasn't and doesn't affect them, is either a liar or a fool who's been eat up by solitary confinement and the insanity that it inflicts upon us. May God have mercy, for man sure doesn't!

Regretfully Submitted Ronald W. Clark Jr. #812974

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