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Subject: 2023 NATIONAL ADULT SYSTEMS-IMPACTED WRITERS

i.

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Mutawakkil (Green), Ras Atum-Ra Uhuru (Norman)--2023 Natioonal Adult Systems Impacted writers Contest)

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Systems Impacted writers Contest Adult

950 W. Jefferson Blvd (JEF 150)

Los Angeles, CA, 90089

" The Mitochondrial Movement ".

By: Ras Atum-Ra Uhuru Mutawakkil

(Mr.Norman C. Green, Jr)

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Tagline: "Paradise lay at the feet of mothers ... If you want to teach one or two children teach another, you want to teach a village, teach a mother or woman ".

 Every major movement or dynamic that has moved the flow of people on this earth, can be traced back to a mother or

strong woman on the scene. These hidden forces or 'figures', or over looked dynamics, played subtle catalysis or not

so subtle role in who we are today; and an essay of this girth really can not serve the justice such undertaken demand, so

it will merely serve as a nod to the contributions that were made .

Women like Queen Hatshepsut(1502-1482BC), Maryam (Mary), are fairly well known to most, but you have other

mothers / Women who are not as well known , for example : the mothers of Prophet Muhammad (S) , Shakyamuni's mother

both saw prophetic Visions of their children, and even Mary's mother.

3. Nefertiti with king Tut, to Malcolm x and MLK, we see the strong presence and shaping of the young-man; one such one

that is greatly overshadowed or even omitted is the black Umm(mother) Usama , aka known as Barakah , who took care

Muhammad(s) when his mother died ,and he also called Barakah his mother .these two women are the skies that Islam

slid on into this world;

4. The Names of many million more women have been lost or whited out of history, but the mitochondria facts and proofs

don't and won't lie, we just have to bring them to light.

when Muhammad (S) said " Paradise lay at the feet of Mothers , he spoke the roles women have always played ,

just as the great African Proverb say: " If you want to teach a village ", you merely need to teach it's women, for the

mother ,sister and wife has the greatest influence on all children .