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REPLY ID. 9R2Q

HELLO MISS. ELLE, I RECEIVED YOUR POST AND THANK YOU FOR JUST BEING CURIOUS ABOUT PRISON LIFE BEHIND BARS.

I GUESS THE FOOD VARIES, FROM PRISON TO PRISON, I'VE BEEN IN QUITE A FEW DIFFERENT PRISONS. THE WORST OF THEM WAS PELICAN BAY SECURITY HOUSING UNIT. THEY FED US VERY SMALL PORTIONS FOR ONE, AND IT WAS SLEP, IF YOU ASKED WHAT I THOUGHT WAS THE BEST MEAL OUT OF ALL OF THEM.

I COULDN'T PICK ONE THAT IS GRADE TOP OF THE LIST. IT WAS CRAP EVERY DAY. THE FOOD WAS NO TASTE, WE NEVER GOT ANYTHING SWEET, WITH SUGAR, THEY MADE IT A POINT TO SCRAPE OFF THE FROSTING ON ANY CAKES. THE CANTEEN WAS TERRIBLE, BUT I GOT USED TO THE FOOD AND DOING WITHOUT. IT WASN'T UNTIL WE WENT ON THREE HUNGER STRIKES THAT WE FORCED CDCR TO MAKE CHANGES, THE FOOD IS STILL BAD, BUT THAT'S PRISON LIFE. BUT NOW THE CANTEEN IS BETTER, WE CAN MAKE OUR OWN FOOD, AND WE HAVE SPICES, CHILI, TO ADD FLAVOR. I'M IN HOG HEAVEN NOW, I CAN DRINK A SODA, AND ICE CREAM. IT WAS 30 PLUS YEARS SINCE I DRANK A SODA, OR ATE SOME ICE CREAM. AND IN PACKAGES WE CAN ORDER ITEMS THAT I NEVER HAD BEFORE.

HERE I WOULD COMPLAIN MORE ABOUT THE TELEVISION RECEPTION, WE NOW HAVE THESE TABLETS SO WE CAN MAKE PHONE CALLS, AND E-MAIL FOLKS, IT HAS MOVIES, AND GAMES, THIS MAKES LIFE MUCH BETTER IN HERE.

ILL CLOSE HERE ELLE HAVE A NICE DAY. PABLO