

BEHIND THE CURTAINS OF "REHABILITATION"

The IDTT<sup>1</sup> decision of 19 July 2023, to reassess my mental health classification back toward normality and instant change of housing gives me cause for concern/anxiety. Since 2008 over and over the same scenario has taken place. Einstien offered a theory on this repeated logic and a old colloquialism holds true "If it works don't fix it."

Prison with ubiquitous triggers proves a psychologically toxic environment to my chronic neurosis by evidence of three heart attack hospitalizations directly associated to stressors of repeated housing displacements. Aware of diagnoses and vulnerability to certain stimuli they repeatedly ignore it throwing me under the stimulus bus. Benign to the average observer, but this constant upheaval is like repeated sledge hammer blows of stress on my aging system.

IDTT dumped me to the ward of custody assuring they will find you safe housing. This rhetorical patronizing does not play to reality. Guards do not always do what they say, utilization of prison real estate takes total priority. If a hole is round and the peg is square custody will pound the peg until it fits or breaks. Please read the accompanied fact based documents that speak to a reality of indifference.

Inview of recent and past events of predatory prisoners and indifferent guards like so many others, I am being pounded into a state of learned helplessness.

The facts are clear CDCR is punishing old men to death; can't they do it humanely.

1 Prison mental health committee

enc "WE SHOULD CARE BECAUSE ..." ; "PRIME PRISON PREY" ; "ADA INTIMIDATION"

25 July 2023

Robert H. Outman

Prisoner P-79939

<http://betweenthebars.org/blogs/895/>

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