

"As a dog returns to his own vomit,  
So a fool repeats his folly." - Proverbs 26:11 NKJV

Dear Readers,

Sat. 08-26-23

Howdy! I hope all of you are doing great! As for me, I am again in the Hole (SHU/Segregation). Here's why:

On July 25<sup>th</sup>, I was "self-medicating" again and had a bad reaction as I have in the past. I only had minor injuries, but the Lt. insisted that I was going to the hospital - where all that happened was an ultrasound (for forms' sake). I wasn't even given a bandaid! I was later brought back and sent to my unit.

Anyway, I was later told that while I was incapacitated in my cell, Lt. Aikens "used my head like a basketball." (I had a big bruise on the left side of my face & a few cuts - my hair had blood in it and my cellie said there was blood all over the floor). I only heard this second- or third-hand 'cause no one was willing to tell me themselves.

Me being me, I'm not one to just let things go, so I asked someone's advice and he suggested that I contact the S.I.A. (investigative officer), K. O'Leah, who could check the cameras to see if they showed anything. This same guy - along with several other inmates - had been interviewed about the shakedowns where several inmates had been physically and sexually abused by staff

(2)

(I wrote about that last year).

So, I wrote to Olech and on Aug. 3<sup>rd</sup> I was called to the Lt.'s office and met Olech who told me he was gonna lock me up in the SHU for "investigation" and I might be transferred. WTF? And while I was in the Lt.'s office, one of the Lt.'s took my quartz crystal pendant that I've had for at least 13 years - one of the few pieces of jewelry I had left from when they were stolen in 2022.

When I was put in the Hole, I was brought to a cell with one of my eyes, Warren, and my first thought was, "Fucking great," but he's actually been really nice and helpful and we've gotten along great - thank goodness!

This past Mon., the 21<sup>st</sup>, I was taken out of the cell to meet with Olech again. He said that the cameras didn't show anything and kept acting like I made the whole thing up. (I told him repeatedly that I didn't remember anything and I only heard about it from other people). He also stated that I couldn't have had any injuries 'cause I didn't have any marks or bruises when I was in the Lt.'s office on Aug. 3<sup>rd</sup>. It faked, asshole! If I didn't have any injuries then where did all the blood come from and why was I taken to the hospital? I was so pissed I forgot to even mention that.

Olech asked me to name someone who told me what had happened, and although I normally don't name names, I did tell this guy's name 'cause I don't like him anyway (this was Mark, my last cellie in B-South who insisted on playing the

(3)

radio @ 24/7).

Q was so damn mad! I asked him more than once why I was singled out to be put in the SHU when all the guys he interviewed about the shakedowns who were physically and sexually abused by staff were all sent back to their units. He claimed that none of them named any staff, but I countered that I typed the complaint for one of those guys (the one who recommended I speak to Obeck) and so I know he knew names. He still claimed that no names were mentioned.

So mad! Mentioning Clark's name to Obeck (plus being mad) likely did not help me at all. The longer this investigation takes, the more time I'll spend in here. Plus, if he does find anything out, the more likely I am to be transferred. It's a Catch-22!

So now I've lost a great cell, my job, and probably a great deal of my property in retaliation for being a whistleblower.

Wed. 08-30-23

Hi again! I am freaking out! I just got some really shocking news this afternoon. The SHU Lt. came around and was telling guys their "status" (i.e., "still pending investigation," "waiting for DHO (hearing)," etc.).

I just assumed that I was still under investigation, so I didn't bother to ask, but out of the blue he looked at me and said, "You're designated." What. The. Fuck. That means that not only am I being transferred, but that the BOP office in Grand Prairie, TX, has "designated" where I going to be sent!

(4)

That whole process takes several weeks, and ~~on~~ tomorrow will be my fourth week in here, which means that this has been in the works since right after I came to the SHU! And all this is over something that I can't remember or even verify!

This was clearly done in retaliation by that psycho Warden Lee. Who still has his job after those vicious, abusive shake-downs which happened last year - which is insane!

I asked the Lt. where I was being sent and he only said "north." (For some stupid reason, BOP staff won't tell you where you're being transferred.). I still have "medium" points, and the only prisons north of here are places that I won't be safe to walk the compound. And it's very likely this was done on purpose, if that really is the case.

Dear Readers, I am nervous as hell. I could very well end up spending the next year in the SHU.

I had intended to take up several pages writing about the inhumane conditions in the SHU here, but now it hardly matters. I will probably be gone in the next two weeks and never see this place again.

Thurs. 08-31-23

Holy shit. Today is 4 weeks since I was brought to the SHU and they took me out to pack my property for transfer. This speed is unheard of! This was clearly done in retaliation. And staff keep getting away with this stuff 'cause no one - especially no one in the Real World - says or does anything about it.

I am out of here next week - and this last pen is dying.

5

Personal note to T in the UK and Rita in Belgium: I'll write as soon as I can. You can check for me at BOP. GOV. Please keep in mind that I could be in transit for a month (Oklahoma City is a transfer center).

Please say a prayer for me everyone! I'll need it.  
Until next time...

Love & Blessings!

A stylized, cursive handwritten signature consisting of several overlapping loops and a long horizontal tail.