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Subject: [Betweenthebars.org/blogs/154/Uhuru's Pen](https://betweenthebars.org/blogs/154/Uhuru's%20Pen)

Master Blog of the day , get wisdom . Oct 31, 2023. .

Master Shoku , On Mt. Daiji in the Ko District preached : " It is better to practice one foot than to explain ten feet .

It is better is better for us to practice one inch than to explain ten inches . "

Master Tozan said , " We explain what we cannot practice ,and we practice what we cannot explain ."

Uhuru : explanation is practice and practice is explanation . "

we practice what we don't know , so we can explain what we do and don't know , so we can begin to practice on how we can understand and maybe come to know it .

practice is explanation in action and action is explaining practice , in another way /form .

To understand is to practice explanation , and better understand so to be able to explain . When Master Tozan said :

" We explain what we cannot practice and we practice what we cannot explain ' .

The master nexus the two components together , because they are one and the same relatively . they have two faces on one frame , or post .

This further is illustrated in MasterJoshu exchange with the student and his bowl . the student got it without explanation . when he had asked to be taught " ALL" the masters teachings in the temple .

The student was told : " to wash his bowl " after he confirmed he had eaten his breakfast .

one could view that as , " Shut up and stick to simple stuff , and only the core stuff or stuff you can handle now , or small

bits ,, and one section at a time . etc ...

which is all true and different items of wisdom .which is also part of the lesson , for the request was too big and

require a life time of energy ,dedication and learning and most significant ,  
PRACTICE .

The second part of the lesson , is what Shakyamuni said , " The whole of the teachings  
is one : Practice life , and life is  
practice , and all the mountain of explanation amounts to one thing ! practice life and live  
life.

Hence , " WASH YOUR BOWL " .                      gassho. Uhuru.