

Continuing Psychological Growth

Good Evening Sweetheart,

I am sorry I made you worry - I forgot about our power being off in the last six cells or from cell #22 through #28 over night - I tend not to dwell on all the negativity and try my best to not let it bring me down ... Like tonight I am tired as hell, but can't get to sleep due to it being exceptionally noisy - the guard's are slamming the back and front doors and the guys are getting pissed off - hell - one guard beat on the front door for about five minutes because whoever is in the control room wouldn't pop the door to let him off the floor - they do this a lot and I guess i have come accept it as being in a insane asylum - and now that I have decided to begin writing about all the negative bullshit that goes on around here - I am amazed by how immune I have become to the amount of negativity going on around me - until it effects me personally like the sheet incident - when I was younger, I would snap and go off - ending up on disciplinary confinement - Anyway - forgive me for not writing for a period of time - my mind wasn't right and it is best I stay to myself when I get that way - i will do my best not to leave you hanging in the dark being afraid something may have happened to me from now on ...

It is always good to hear your voice and how calm I feel afterwards - and yes it would be a shame to lose that privilege due to succumbing to the negativity - the hallway lights are still on shining right in on me and they been keeping them on from early morning until late at night - they are supposed to be turned off at 11:00pm, it gets annoying since my television is in the front of my cell on the makeshift table attached to the wall and the lights shine In may eyes watching it ! Now the guys are upset over the lights being still on and there being no accountability for the excessive abuse we have to endure - I know most people say - " Your on death row and can't suffer enough abuse for having taken a life !" There is no compassion and that helps fuel the abuse - which in away is why FDRAG can be helpful ... And I am thinking once you are accepted you may use them to help get me access to an artificial intelligence program - I still wasn't to use the AI - to compose the music to those Blues lyrics and am willing to give sixty percent of the net profits from the venture to whoever helps me accomplish the task - with the rest going to charity - I think it will bring major attention to me and the egregious abuse I sufferer at the hands of the legal system - which the AI program will point out too ...

Okay - Sweetheart the lights have gone off and things have quieted down - so I will close my eyes and dream of us enjoying the freedom we are working toward and will achieve - I love you - One Eagle - XoXo