

WHAT HAS BEEN GOING ON IN HERE

I have not posted anything on here in a long time. Why? Believe it or not I have been EXTREMELY busy. I know some of you might not believe one can be extremely busy in prison but let me briefly give you a glimpse of an average day for me over the last several months.

5:45 AM: I wake up and wait for my roommate to finish his morning routine. He gets up at 5:30 AM. When two people live in what is basically a small bathroom with a bunk in it, you have to co-ordinate your routines.

6:00 AM: I get out of bed and wash my face, brush my teeth, and if it is very very necessary I use the toilet before they unlock the doors....yes I am talking about "poop". (Sometimes you can't wait).

6:15 AM: The doors are unlocked and I go out to check my email and see what is on the news.

6:30 AM: There is a "Rec Move" where you can go outside to exercise before there is a work call. I go out 6 days a week to exercise and jog laps on the track.

7:30 AM: There is a work call. I change my clothes and put on my work cloths on the Rec Yard and head straight to work. I work as a "clerk" in a UNICOR recycling factory. I work on a computer in an office and track all of the production, outgoing shipments, pay rate changes, etc.

11:00 AM: It is time for lunch. As you exit the factory you must be pat searched and go through a metal detector. I head to the dining area and stand in line to get my lunch.

11:30 AM: I am usually finished eating and I head back to the housing unit to wait for the afternoon work call. I usually have time to check my email again and relax in my room for about 20-30 minutes.

12:00 PM: There is an afternoon work-call and I return to work.

3:00 PM: There is a "total recall" which means everyone leaves work, the Rec Yard, Library, or wherever you may be to return to the housing units.

3:30 PM: There is a "Lock-Down" in which you are locked in your room for the "4 PM Stand-Up Count". That means at 4 PM they yell count and everyone has to stand up to be counted. After you are counted you remain in your room until the count clears, which is usually 4:45 PM to 5:00 PM. Then you are let out into the housing units again. You can watch TV etc until your housing unit is called for the afternoon meal or you can skip the afternoon meal and go outside on the "Rec Move" which is usually around 5:00 PM

5:00-5:45 PM: During this time they are calling housing units one at a time to go eat the afternoon meal.

6:00 PM: I usually go to the Library to do legal research until 7:30 PM.

7:30 PM: I come back to the housing unit, get a shower, get my laundry ready to put in the bins to be washed (4 days a week) and then around 8:00 PM I have time to either finish up my legal work or watch a little TV

9:10 PM: It is lockdown time. You have to go to your cell and be locked in for the night. However, there is one last thing you must wait for. It is the 9:30 PM Stand-Up Count. Same as the 4 PM Count.

9:30 PM: After this count is cleared you can listen to your radio, read books, etc. (Basically stay up as late as you want) I usually listen to talk radio until about 11:00 PM then go to sleep. Then the next day it starts all over again.

That is what my typical day in prison is like. Exceptions are on the weekend when I am off from work. I stay in the housing unit and watch college football all day on Saturdays (when we are outside of cells) and sleep as much as I like on Sundays. This routine leaves little free time to work in "new" routines which are not already in your schedule (Like writing blogs LOL). However, I am going to set aside some time to write more on here. I really enjoy meeting the people I have met on this blog. Until next time, take care and be safe.

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