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Subject: . "THE STRUGGLE TO M...

"THE STRUGGLE TO MAINTAIN YOUR SANITY"

By Ronald W. Clark Jr.

Anyone who agrees that 21 hours a day on business day's, and 24 hours a day on holidays and weekend's, is sufficient to deal with solitary confinement, is sorely mistaken! No this is no joking matter. And it show's what little these attorneys knew about solitary confinement. To experience this for a day, week or month, its still not sufficient to grasp the monotonous every day battle of solitary confinement. An existence, that I can't explain to where you'll understand. You may think you see it, but trust me, you can't even begin to comprehend the tediously repetitious day after day madness of this cage! If its not bad enough fighting to maintain your sanity, your watching other men deteriorate. Which is now scaring the living hell out of you! Because now your fear is not of dying, as much as it is of losing your mind! You see just how real that is, because your witnessing others who you've known for years, go from sane, to insane in a matter of months. No you don't have a clue to what this hell is like! And these attorneys who are patting themselves on the back for what little relief they negotiated for in Davis v Dixon Case No.3:17-cv-820 MMH-PDB, well I would like for one of them to sit here in this cage for a year, listen to the insane conversations, experience the tedious day in and day out fight to maintain yourself, to fight the depression, anxiety, the suicidal thoughts that you find comfort in, knowing that's one way to get out of your head, and this hell hole that is solitary confinement. No you can't comprehend it! Trust me its not possible! Fighting this cage... your memories, which is more bad than good, well its an every day battle, no its an every minute, every second battle to preoccupy the mind to keep from losing it. To keep insanity from swooping in and stealing what little sanity that you come in here with! And anyone who thinks 3 hours a day five days a week is sufficient to maintain your sanity, well they don't have a friggin clue what their talking about! Because those 21to 72 hours, sometimes 96 hours of straight solitary confinement, well that's what you've got to worry about. See that's what I'm struggling with right here this very moment! Yes struggling to maintain," MY SANITY!!" Dying is easy, maintaining your sanity is a whole different ball game. And one that these attorneys didn't have a clue about! Yet they find comfort in bragging about my sitting here in this cage struggling with my thought's and fears of losing my mind. I find no comfort whatsoever in what they did, or better yet what they didn't do. And what they didn't do, is show how damaging this cage is. Show that they screw us up mentally before they then march us off and murder us in their death chamber using lethal injection. A method that Nazi Germany used to exterminate Jews. Yes America is using a method designed by Dr. Karl Brandt personal physician of "Adolf Hitler" to murder people deemed unworthy of life. Yes give that a little bit of thought. These attorneys had a chance to do something great! To do something never before done in the courts, and that is not only supporting the findings in Williams v. Secretary PDOC, 846 F.3d 549 (3rd Dist. Court of Appeal 2017) and the U.S. Supreme Court's analysis in Wilkinson, and the Court's findings in Shoats further supporting the scientific consensus on how solitary confinement mentally messes us up, but to further show the disparities in men in population doing life sentences, who have far worse crimes than the men on death row, and the arbitrary treatment between the two. Yes this

settlement in Davis v Dixon Case No.3:17-cv-820 MMH-PDB was a "FAILURE" to say the least. For they had a chance to not only attack solitary confinement, but the death penalty itself. For you have men who have been driven to the brink of insanity, who the state still insist on murdering under the mantel of justice. A failed opportunity, that failed us all horribly. No there's nothing to brag about. Absolutely nothing!! All of those post bragging about what they did, well as you see those post need to be removed. And believe this, as I sit here in solitary confinement, in this mold infested building, drinking toxic water, dealing with overflowing toilet's, gases coming out of the floor drains, unconstitutional claim's that should have been raised in Davis v Dixon, I'm not going to be silent and allow them to boast about what they did, because I just showed what they didn't do! For as I just laid out here, they clearly didn't do anything near, what they should have done. And that's a fact! We feel that we got sold out! These attorneys need to realize that I'm not going to sit silently. We need this fixed, and I'm determined to make them fix it, or get off the case and we will fix it. For if you've read my previous essays, you see these attorneys aren't doing onsite compliance inspections, and they've allowed the state to put a Motion with the perjured declaration of the Deputy Director of Institutional Operations for the FDOC Mr. Carl Wesley Kirkland Jr. into the Court record's for the past year. Its not an allegation its a fact easily supported by FDOC, camera's, and DC6-229's as well as the testimony of the Florida National Guard who's sitting on these wings with us. So this isn't some paranoid delusion that we got sold out. Its supported by what they didn't do, and what their continuously not doing. Fact's are fact's, and they can't get away from these fact's in the record.
Regretfully Submitted Ronald W. Clark Jr. #812974 10/13/24