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Uhuru my Zazen dialogue for the month , opinion . Because both are states and in some respects , conditions of being , they have fluidity ... They are not truly static conditions /states , they are , to use an allergic vernier , gas , depending on other conditions , samsara and Nirvana are interchangeable . and become one and the same and opposite . they are mental constructs that have real world properties , and also , false properties and fallacies of the imagination . My Nirvana can become my samsara real quick if I become attached and suffer from the same . it is like Love . Love is both Nirvana. And samsara . ask any one if love hurt and they will say yeah , but you ask them why they still believe in it or subscribe its game , they will tell you they love ' Love ' . Which is an oxymoron , yet a state and condition of truth based of the personal experience of the persons false and , yet truthful construct , of what they feel and believe and experience .