

STOP Being Hard On Yourself

As of today, everyone is feeling the pressure of life. Some people are being labeled and bullied. In my 50 years of being on earth, I have never seen so many people who would literally get mad if you try to do good to correct problem that I see as a easy fix. They will excuse of you of lying or being a trouble maker. I love when John Lewis use to talk about Good trouble. I rather be in Good trouble than bad trouble. These people who labeling you as a trouble maker begins to investigate the person who is doing good things as if they have something to hide. So they want to find dirt on that person as if they can say, I knew you wasn't all goody too shoe. When people label you wrong for doing good. It's easy to allow discouragement and depression to settle in. Then negative settle in your mind. you begin to hear the echo of their voices and feel their invisible actions.

Many can relate as they experience this online from the cyber bullying and being called names. So many people has been affected mentally, so much till they committed suicide. I am sadden because the world needs to learn how to view people in a different way. Even if they made the wrong choice in life. I've learned on this journey that people can be ~~and~~ so

evil until the same thing happen to them. The environment I am leads me to lower my contact with others. Yes I can be friendly but I don't have to be real close to any individual.

In this era, so many live in a world of their own delusion. Every choice they make is right no matter who it affects. ~~As~~ As long as they are satisfied, that is all that matters. For example, I come from a hugging family. I love hugging people. So I gave someone a hug. This particular girl who I don't care for, says I am so fake to another individual. But am I fake when I am doing good things. This individual has chose the wrong path and choose to have things she knew is wrong.

But ~~here~~ her real ~~motivation~~ motive for saying I was fake. This individual has a secret crush on me. For me that is no, no. No I judge absolutely. But don't judge ~~me~~ and label me because I am not on the path she is ~~on~~ on. Like people ~~motivate~~ motivate, motivation and mindset is amazing as to how they think today. If you don't know who you are, people will have you thinking negative about yourself. Then you will become hard on self. What is the use nobody likes me. So maybe if I end it. They won't have to worry about me any more. Wake up people, they are the problem not you.

If you are doing good things, you must keep going. Don't let nobody still your joy with their delusion of who they think you are. It's not just world of people that is like wow. But church folks are as well. I remember having a dream about this lady. I told her, what I dream every since then I been a false prophet. Every since a little girl, when I dream something it comes to pass. Many people don't believe in dreams. Check Joel 2 Holy Bible. So anyhow, I am labeled as a false prophet. So many people in the church has certain view of God. When he brings to them what they been praying for, they miss the move of God because they are set in their ways. Not in the way God would have them to think.

I remember there was a story about this man being on a boat out in the middle of no where in the sea. God sent him all kinds of help. But the man didn't believe it was God. He kept saying where are you God. A storm came and the man end up drowning and dying because he missed the move of God. I do not mess with church people like that because they will cause you to miss your own miracle that God is doing in your life. I thank God for wisdom cause even in that instance I could have gave up and walked away from

relationship with God but I didn't. Our mouths and mind set can be dangerous if not corrected. So many people take the path of many many words all the time in the everyday life. Nothing is wrong with communication. But when it's done with the wrong ~~motives~~ motives, I want to leave you with a few scriptures from proverbs.

proverbs 10: 8 The wise in heart accept commands, but a chattering fool comes to ruin.

proverbs 10: 9 The man of integrity walks securely, but he who takes crooked paths will be found out.

proverbs 10: 14 Wise men store up knowledge, but the mouth of a fool invites ruin.

proverbs 10: 18 He who conceals his hatred has lying lips and whoever spreads slander is a fool.

proverbs 10: 19 When words are many, sin is not absent, but he who holds his tongue is wise.

proverbs 10: 19 With his mouth the godless destroys his neighbor, but through knowledge the righteous escape.

proverbs 11: 14 For lack of guidance a nation falls, but many advisers make victory sure.

Written by
Jennifer Johnson