



Something to Believe In

I saw this "inspirational quote" yesterday on the wall of the room where we have art and poetry and creative writing classes. It said:

"You Can Choose to Believe in Anything; And That Includes Believing in Yourself."

Look, I get it. How not? And people do need reminders and nudges sometimes so that they don't totally lose faith in their own agency.

But is this the right quote to get us there??

It starts with an obvious and actually terrible truth: we can choose to believe in anything (well, even that's not really true, but for the sake of argument...). And I suppose it does probably include ourselves. But you know what else it includes?

- Flat Earth
- ESP
- Ethical Cops
- Jewish Space Lasers
- Zombies
- Pro-Human Corporations
- Bigfoot

All this and more we can, in theory, choose to believe.

Kind of puts a damper on the positive message intended in our ability to choose to believe in ourselves, though, doesn't it?