

Date: 16 Nov 25

Subject: (Here's a little throw-in of a chapter t...

(Here's a little throw-in of a chapter to break the monotony, because next week's chapter is pretty long too.)

* TOP 10 MOST OBVIOUS INDICATIONS THAT YOU'RE LOSING YOUR MIND IN PRISON *

- 1.) When you start waking up each morning feeling eager to start the day.
- 2.) When on a regular basis you walk out of the chow hall with a feeling of satisfaction.
- 3.) When the medical personnel are able to convince you that regardless of the extent of the injury or ailment, an Ibuprofen will correct the condition.
- 4.) When you're able to sit back and say to yourself. "You know something, I could get use to this." Then it dawns on you that you already have.
- 5.) When you've grown certain that a female guard has the hots for you, because she happened to say good morning as she walked by.
- 6.) When your monthly visit to see the psych doctor becomes a very much anticipated event.
- 7.) When you're seeing the psych doctor in the first place.
- 8.) When you take a quick look at your monthly gain-time sheet that the guard just handed you, and you realize you missed your release date.
- 9.) When you're able to convince yourself that your life in prison is so interesting that you decide to write a book about it.
- 10.) When you feel absolutely confident that individuals in the free world are going to be crazy enough to spend their hard earned money for the purpose of purchasing your book so they can read it.

(Believe me when I say there are plenty of other hints I've seen of these guys being crazy, but I'll just keep it to an even 10. See you later.)