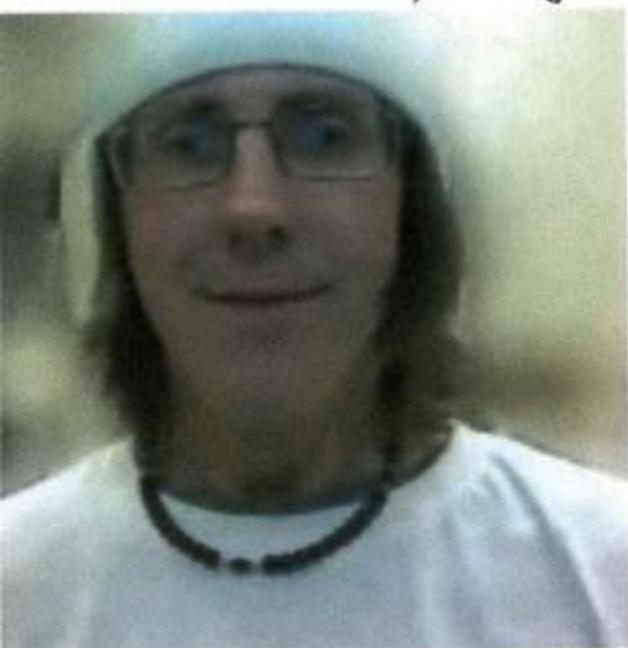


I Guess I'll Start Posting My Journal Entries

1 of 1



I pulled out my journal today to do a little writing — it's been an especially eventful, and awful, couple of months — and I accidentally took out a ~~lot~~^{few} older pages. I thought some must be missing, because the dates on the first couple were from 2024. However, the number of pages in my hand was very few. Sixteen, to be exact. Just 8 sheets,

double sided. How had I managed to fill only 8 lousy pieces of paper in this almost 2 decade long chronicle of my life, over the last TWO YEARS?? It seemed impossible, so I began reading. Yep, that was really all there was. In other words, I'd made almost no record at all. Shameful.

To put this paucity of page-filling into context, I dug way back and checked a similar 2 year period, from 2013 to 2015. In those years I wrote about 180 pages, filling 90 sheets front and back. It's certainly not the case that I had more to say then. Not the case that more was going on outside my body and inside my head. Yet I wrote roughly 13 times more stuff. "

Reading these recent pages, though, inspired me to do something I've long considered: I'm going to turn a lot of them into blog posts. Mostly I'll just copy verbatim, so the much shorter length is a bit of a blessing here. I can give you my last 2 years of journal reflections over just a handful of posts. Don't know how I'll spread it out yet, but it's from March 2024 to ... ok. Not two years. From March 2024 to May 2025. Just over a year. But my journal is quite empty from May '25 to now. Only a couple entries from January, and I won't be including those for a few reasons. That 14 months is pretty much all I wrote, though.

I recently had some much older journal entries, 2011, added to an exhibit put on at UC Santa Cruz. I don't know if they've been displayed yet, but they chronicle some time I spent in the hole. If people seem to like (or at least respond to) these, maybe I'll dig deeper later on. In the meantime... enjoy? Is that the right word? It's not exactly joyous material, though.

Looks like I made entries on Mar. 31, 2024 / July 18, 2024 / Oct. 21, 2024 / Jan 2, 2025 /
Jan. 8, 2025 / ~~●~~ May 23, 2025 / and May 24, 2025

Some may need to be broken up into smaller chunks.